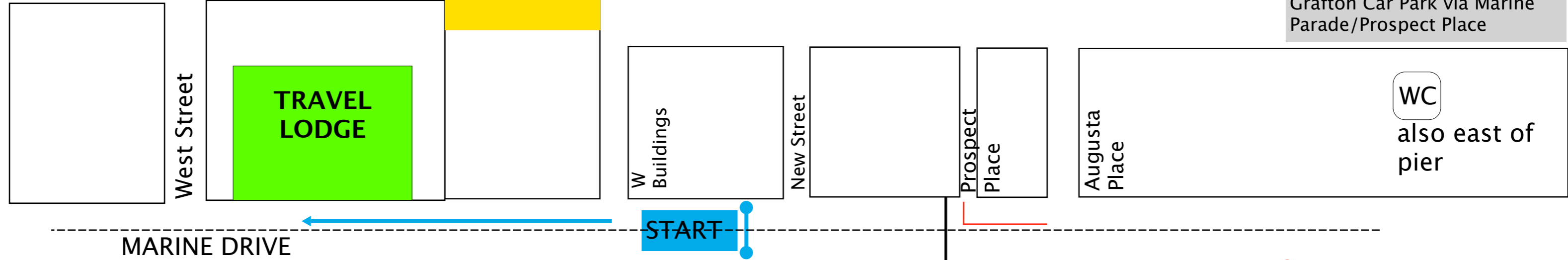


LONDON ↑

Salvation Army open from 09.00 for tea/coffee

Worthing Long Stay Car Parks (more than 4 hrs allowed).
- Grafton Car Park (family and elders, 450 spaces)
- High Street multi-storey car park (644 spaces)
- Buckingham Road multi-storey car park (288). See Race Day Details on website for more details
If travelling from the west easier to use free street parking west of Worthing and jog down. Roads stewarded from 08.00.

Grafton Car Park via Marine Parade/Prospect Place



WC also east of pier

ESPLANADE

FINISH

secure handover zone

MEET at start line 5-10 mins before race:
START TIMES
Mini Mile: 12.30
3km: 12.50

WC

WC

WC

LIDO - Open for refreshments/breakfasts etc

WC

THEATRE

Denton cafe open

WC



THIS IS THE SEA

FRANCE ↓

THIS IS THE SEA

All at Pavilion Theatre on Pier
Baggage/Valuables for Adults
General Enquiries (Lost numbers/property/children etc)
Entry On The Day
First Aid Base Station

THE PIER