

Worthing Half Marahnton 2017

Posn	EntrantNo	Name	TeamName	Cat	Finish (Gross)	Ti Chip (Nett)	Tin Perf
1	2106	Paul Martelletti	Victoria Park Harriers	Senior Men	01:07:44	01:07:44	88.44
2	1229	Kevin Rojas	Brighton and Hove City AC	Senior Men	01:08:33	01:08:33	87.01
3	1496	Richard Waldron	Southampton AC	Senior Men	01:09:48	01:09:48	85.45
4	50	James Baker	Chichester Runners & A.C	M40-49	01:11:45	01:11:45	85.25
5	1104	Matthew Parry	Clapham Chasers	Senior Men	01:14:06	01:14:05	80.49
6	811	Robert Laing	Kent AC	Senior Men	01:14:07	01:14:06	81.97
7	2027	Martin Footman	Worthing District & Harriers	Senior Men	01:14:50	01:14:49	80.04
8	1301	Alan Silvester	Arena 80 AC	Senior Men	01:15:44	01:15:44	78.76
9	258	Richard Clayton	Arena 80 AC	Senior Men	01:15:58	01:15:58	78.52
10	303	Jamie Corbett	Worthing District & Harriers	Senior Men	01:16:03	01:16:01	78.44
11	1195	Andrew Rendall		Senior Men	01:16:50	01:16:49	77.64
12	836	Richard Lee-Wright	Horsham Joggers	Senior Men	01:17:46	01:17:45	76.7
13	1033	Jason Newbery		Senior Men	01:17:56	01:17:55	76.54
14	48	Matt Bainbridge		Senior Men	01:17:55	01:17:55	76.56
15	711	Thomas Humphrey	Plymouth Harriers	Senior Men	01:17:59	01:17:58	76.49
16	1479	Dan Vaughan	Arena 80 AC	M40-49	01:18:24	01:18:23	80.91
17	1284	Tom Shaw		Senior Men	01:18:29	01:18:28	76
18	1324	Richard Smith		Senior Men	01:19:12	01:19:02	75.32
19	1648	Helen Buller	Worthing District & Harriers	F35-44	01:20:48	01:20:47	82.98
20	1874	Paul Bond	Worthing District & Harriers	M40-49	01:21:09	01:21:08	78.16
21	1031	Mikey Neville		Senior Men	01:21:25	01:21:24	74.1
22	1430	Jason Thomson	Worthing District & Harriers	Senior Men	01:21:45	01:21:41	72.97
23	255	Isabel Clark		Senior Ladies	01:21:42	01:21:41	80.53
24	330	Simon Culver	Beckenham Running Club	Senior Men	01:22:06	01:22:00	72.65
25	1801	Stefan Krueger		Senior Men	01:22:03	01:22:02	73.53
26	2030	Emma Maccready	Worthing District & Harriers	F35-44	01:22:12	01:22:11	80.29
27	733	Daniel Jackson		Senior Men	01:22:19	01:22:18	72.46
28	1747	Dan Wood		M40-49	01:22:18	01:22:18	77.07
29	1161	Emily Proto	Arena 80 AC	Senior Ladies	01:22:22	01:22:20	79.89
30	1810	Keith Mitchell	Tunbridge Wells Harriers	Senior Men	01:22:28	01:22:23	73.66
31	745	Lee Jenner	Worthing District & Harriers	M40-49	01:22:34	01:22:30	74.08
32	1599	Gary Witton	Worthing District & Harriers	M40-49	01:22:53	01:22:50	75.4
33	1460	Simon Turk	Steyning Athletic Club	M40-49	01:22:59	01:22:57	74.77
34	884	Peter Males		Senior Men	01:23:05	01:23:01	71.8
35	1705	Vladimir Matejik		M50-59	01:23:30	01:23:21	82.97
36	259	Adam Clayton	Arena 80 AC	Senior Men	01:23:28	01:23:26	71.46
37	350	Iain Davey		M40-49	01:23:36	01:23:30	75.87
38	1347	James Spooner		Senior Men	01:23:35	01:23:31	71.37
39	999	Dean Morley	Serpentine RC	M50-59	01:23:33	01:23:31	80.18
40	1142	Ed Plager		Senior Men	01:23:39	01:23:34	71.31
41	1692	Tom Lankshear	Worthing District & Harriers	Senior Men	01:23:48	01:23:39	71.18
42	1264	Richard Saunders		M50-59	01:23:42	01:23:40	78.75
43	324	Steve Crocker		M50-59	01:23:50	01:23:45	81.25
44	592	Daniel Hale	Meads Runners	Senior Men	01:23:53	01:23:51	71.11
45	1058	Mark O'Gara	Arena 80 AC	M40-49	01:24:01	01:23:55	76.65
46	2205	Mark Reid		NDB	01:24:16	01:24:08	0
47	2051	Rachel Gifford	Worthing District & Harriers	Senior Ladies	01:24:11	01:24:09	78.16
48	1561	Michael Whyte	Brighton Phoenix AC	M50-59	01:24:20	01:24:18	78.79
49	366	Thomas De Moor		Senior Men	01:24:38	01:24:31	70.48
50	1465	Chris Turner		Senior Men	01:24:39	01:24:33	70.46
51	1795	Emily Hutchinson	Arena 80 AC	Senior Ladies	01:24:46	01:24:44	77.62
52	876	James Mackay		M40-49	01:24:53	01:24:47	73.63
53	1725	Sam Richardson	Good Gym Race Team	Senior Men	01:24:56	01:24:48	70.23
54	1458	Paul Tulley	Arunners RC	Senior Men	01:24:58	01:24:51	70.2
55	487	Peter Flew	Victoria Park Harriers	Senior Men	01:25:02	01:24:59	70.15
56	1703	Matt Mason	Horsham Joggers	Senior Men	01:25:07	01:25:00	70.08
57	2144	Scott Wallace	Goring road runners	M40-49	01:25:06	01:25:01	73.99
58	1903	Graham Gillham		M50-59	01:25:19	01:25:09	78.53
59	202	Thomas Bunce	Worthing District & Harriers	Senior Men	01:25:17	01:25:13	69.94
60	1612	Gary Woolven	Burgess Hill Runners	Senior Men	01:25:33	01:25:33	71.01
61	740	Sam Jarvis		Senior Men	01:25:40	01:25:35	69.63
62	614	Peter Harding	London City AC	M40-49	01:25:44	01:25:38	73.99

Worthing Half Marahnton 2017

63	916 Adam May	Hercules Wimbledon	Senior Men	01:25:51	01:25:46	69.48
64	387 Joseph Dillon	Running for Nicola	Senior Men	01:26:15	01:25:54	69.16
65	1132 Gary Pibworth		Senior Men	01:25:57	01:25:54	70.68
66	858 Jonathan Lloyd		Senior Men	01:26:00	01:25:56	69.36
67	1114 Andy Payne	Arena 80 AC	M50-59	01:26:20	01:26:15	78.24
68	2201 Gareth Grey	Good Gym Race Team	Senior Men	01:26:30	01:26:17	68.95
69	512 Nathan Gale		M40-49	01:26:24	01:26:17	71.31
70	1941 John Mervyn-Thomas		M40-49	01:26:22	01:26:20	71.84
71	737 Richard James		M50-59	01:26:31	01:26:27	76.81
72	1745 Harry Wilcox	Horsham Joggers	Senior Men	01:26:44	01:26:39	68.77
73	2006 Mark Greet	Horsham Joggers	M40-49	01:26:47	01:26:44	75.36
74	771 Byron Kearns		Senior Men	01:26:52	01:26:46	68.66
75	807 Steven Kristafor		M40-49	01:26:59	01:26:49	72.93
76	465 Peter Faull	Ranelagh Harriers	Senior Men	01:27:04	01:27:04	68.51
77	1639 Antony Bishop	Steyning Athletic club	M50-59	01:27:15	01:27:09	75.55
78	1814 Mark Nicholls	Burgess Hill Runners	M40-49	01:27:13	01:27:10	70.13
79	723 Gustavo Iriarte	Lewes AC	Senior Men	01:27:17	01:27:15	68.33
80	1596 Seth Wise		Senior Men	01:27:28	01:27:20	68.2
81	75 Nathan Barker		Senior Men	01:27:25	01:27:20	69.49
82	1613 Cas Wright	London Heathside	Senior Ladies	01:27:28	01:27:25	75.23
83	642 Andrew Haslam		Senior Men	01:27:37	01:27:28	68.86
84	383 Nicholas Dexter		M40-49	01:27:33	01:27:30	70.38
85	1589 James Winchester		Senior Men	01:27:47	01:27:39	67.95
86	279 Luca Coleman-Carr		Senior Men	01:27:42	01:27:39	68.01
87	1183 Alex Rawlinson	Portslade Hedgehoppers	Senior Men	01:27:45	01:27:43	67.98
88	719 Cameron Hutton	Phoenix AC Brighton	Senior Men	01:27:49	01:27:46	67.93
89	687 Chris Hodge	Paxton Striders	M40-49	01:28:01	01:27:51	71.54
90	1548 Jonathan White	Lancing Eagles RC	Senior Men	01:28:01	01:27:51	67.77
91	1184 Simon Rawson		Senior Men	01:28:08	01:27:57	67.68
92	352 Rowan Davies		Senior Men	01:28:07	01:27:58	67.69
93	249 Jack Chivers	Haywards Heath Harriers	Senior Men	01:28:11	01:28:04	68.42
94	1775 James Graham	Mid Sussex Tri Club	M50-59	01:28:13	01:28:09	76.57
95	59 Kevin Baldwin		M40-49	01:28:14	01:28:10	72.99
96	856 Peter Littleboy		M40-49	01:28:30	01:28:20	69.62
97	938 Oliver McDonald		Senior Men	01:28:29	01:28:20	67.41
98	1396 Becky Sutton		Senior Ladies	01:28:26	01:28:22	74.41
99	1878 Ryan Burrows		Senior Men	01:28:31	01:28:23	67.39
100	307 Colm Cotter		Senior Men	01:28:27	01:28:23	67.44
101	725 Craig Isaac	Arena 80 AC	M40-49	01:28:30	01:28:26	71.15
102	508 Stephen Fryer	Worthing Striders	M40-49	01:28:50	01:28:27	71.41
103	1008 James Mullan	Brighton and Hove City AC	Senior Men	01:28:33	01:28:28	67.36
104	1400 Mike Swarbrick		M40-49	01:28:34	01:28:31	73.28
105	1340 Chris Spalton		Senior Men	01:28:44	01:28:33	67.22
106	1066 Jacqueline O'Reilly		Senior Ladies	01:28:36	01:28:33	74.27
107	374 Paul Denby		M40-49	01:28:40	01:28:35	72.63
108	1955 Matthew Quinton	Haywards Heath Harriers	Senior Men	01:29:12	01:28:41	66.87
109	2046 Gavin Sewell	Tuff Fitty Triathlon Club	Senior Men	01:28:52	01:28:41	68.36
110	1337 Joe Solti	Worthing District & Harriers	M40-49	01:28:52	01:28:42	72.47
111	1831 Jim Stephenson	Seaford Striders	Senior Men	01:28:51	01:28:43	67.13
112	899 Declan Marshall		Senior Men	01:28:48	01:28:45	67.17
113	2183 John Willcox	Horsham Joggers	M40-49	01:28:47	01:28:45	72.54
114	1365 Mark Stephenson		Senior Men	01:28:54	01:28:46	67.1
115	1376 Ryan Stokes	Horsham Joggers	Senior Men	01:28:55	01:28:51	67.09
116	111 James Bennett	Haywards Heath Harriers	Senior Men	01:31:52	01:28:53	64.93
117	2194 John Collins	Tri - Surrey	Senior Men	01:29:20	01:29:06	66.77
118	220 Constantine Calliafas	Lewes AC	Senior Men	01:29:19	01:29:16	66.78
119	950 Emily McLoughlin	Crawley AC	Senior Ladies	01:29:25	01:29:18	73.59
120	1642 Steven Board		Senior Men	01:29:27	01:29:19	67.44
121	1859 Nick Dransfield	Xempo Race Pacing	Senior Men	01:29:29	01:29:27	66.66
122	799 Ben Klinkenbergh	Unicorn Runners	Senior Men	01:31:40	01:29:31	65.07
123	661 Craig Heron		Senior Men	01:29:55	01:29:47	66.34
124	2225 James Gibbons		Senior Men	01:30:00	01:29:48	66.27
125	1737 Christopher Tucker		Senior Men	01:30:02	01:29:55	66.25

Worthing Half Marahton 2017

126	1766	John Dwyer		M40-49	01:29:58	01:29:55	67.99
127	244	Robin Charnock	Arunners RC	M50-59	01:30:09	01:30:01	73.71
128	530	David Gibbs		Senior Men	01:30:11	01:30:02	66.14
129	411	Chris Dummer	Tone Zone Runners	Senior Men	01:30:16	01:30:03	66.08
130	143	Richard Blakesley		Senior Men	01:30:14	01:30:06	66.11
131	1740	Patrick Warburton	Winchester and District AC	Senior Men	01:30:11	01:30:06	66.14
132	1815	Roger Norris		Senior Men	01:30:18	01:30:09	66.33
133	1149	Mark Potter	Fit 4 Runners	Senior Men	01:30:27	01:30:15	67.16
134	1143	Alex Plowman	Hailsham Harriers	Senior Men	01:30:30	01:30:20	66.18
135	1291	Neal Sheppard		M40-49	01:30:30	01:30:22	70.62
136	2204	Graham Woolley	Hailsham Harriers	Senior Men	01:30:33	01:30:23	65.87
137	2185	Rfael Cerezo		Senior Men	01:30:50	01:30:41	65.94
138	967	Robert Miles		M50-59	01:30:48	01:30:43	73.18
139	129	Alex Biggs		Senior Men	01:31:01	01:30:44	65.54
140	902	Luis Miguel Martin Nieto		Senior Men	01:30:54	01:30:47	65.62
141	495	Jenny Fowler	Medway and Maidstone AC	F35-44	01:31:03	01:30:54	74.83
142	1669	Wesley Eason		Senior Men	01:31:13	01:31:05	65.67
143	869	Luke Lycett		Senior Men	01:31:20	01:31:14	65.58
144	834	Jon Lee	Worthing District & Harriers	Senior Men	01:31:26	01:31:22	65.51
145	627	Daniel Harris		Senior Men	01:31:40	01:31:30	65.07
146	1914	Walter Hill	Crawley AC	M60+	01:31:34	01:31:32	80.8
147	1534	Stewart Wells		M60+	01:31:46	01:31:37	78.28
148	1126	Vincent Phelan		Senior Men	01:31:55	01:31:41	64.9
149	372	Rob Delicata		Senior Men	01:32:47	01:31:47	64.56
150	805	Darek Koprucki		Senior Men	01:33:59	01:31:51	63.47
151	1761	Rick Clarke	Arena 80 AC	M50-59	01:31:56	01:31:51	72.28
152	474	Joe Finch		Senior Men	01:32:04	01:31:57	64.79
153	879	Matthew Madill	Denmead Striders	Senior Men	01:32:20	01:32:01	64.6
154	847	James Lieu		Senior Men	01:32:11	01:32:02	64.71
155	184	Daniel Britton		Senior Men	01:32:11	01:32:04	64.71
156	216	Christopher Byrne		Senior Men	01:33:10	01:32:06	64.02
157	1180	Jason Russell		M40-49	01:34:03	01:32:15	67.96
158	1813	Robert Nemeth		Senior Men	01:32:17	01:32:15	64.63
159	1562	Sam Wickham		Senior Men	01:34:39	01:32:21	63.02
160	1087	Beverley Page		F35-44	01:33:06	01:32:25	75.03
161	1509	Peter Ward	London Heathside	Senior Men	01:32:30	01:32:27	64.48
162	813	Andrew Lane	Wyndham AC	M60+	01:32:41	01:32:28	77.5
163	1043	Joshua Nicoll		Senior Men	01:32:42	01:32:30	64.34
164	501	Andrew Fraser		Senior Men	01:32:47	01:32:31	64.29
165	677	Roland Hill		Senior Men	01:32:44	01:32:33	65.06
166	235	Roberto Cavuoto		Senior Men	01:32:48	01:32:39	64.28
167	252	Phillip Churchill		M40-49	01:32:45	01:32:39	67.38
168	1473	Stuart Underwood		Senior Men	01:32:50	01:32:41	64.25
169	7	Paul Adams	Horsham Joggers	M50-59	01:32:50	01:32:41	72.17
170	389	Jack Dillon	Running for Nicola	Senior Men	01:32:56	01:32:43	64.19
171	122	Andrew Bettiss	Eastbourne Rovers AC	Senior Men	01:33:13	01:32:47	63.99
172	1124	William Pentony		M40-49	01:33:17	01:33:06	66.51
173	1030	Andrew Neighbour	Brighton Phoenix AC	M40-49	01:33:16	01:33:10	67.51
174	394	Szymon Dobrowolski		Senior Men	01:33:21	01:33:16	63.9
175	1965	Matthew Simmonds		Senior Men	01:34:36	01:33:17	63.05
176	37	Paul Atkinson	Tuff Fitty Triathlon Club	M50-59	01:33:32	01:33:20	70.47
177	527	Simon Gibb		Senior Men	01:33:37	01:33:24	64.89
178	1121	Simon Pearce		Senior Men	01:33:45	01:33:25	64.8
179	1832	Gina Suddaby	Totten	Senior Ladies	01:33:34	01:33:25	70.32
180	1482	Rob Vincent		M40-49	01:33:40	01:33:27	66.24
181	947	Cameron McLatchie	Worthing District & Harriers	Senior Men	01:33:33	01:33:27	63.76
182	1897	Alex Dean		Senior Men	01:33:41	01:33:28	63.67
183	195	Amelia Brown	Crawley Saints & Sinners Running Club	F35-44	01:34:56	01:33:29	70.08
184	1698	Michael Lyons		Senior Men	01:34:00	01:33:33	63.46
185	186	Chris Broadbent	Teignbridge Trotters	M40-49	01:33:43	01:33:33	66.69
186	1723	Euan Ramage	Horsham Joggers	Senior Men	01:33:56	01:33:41	63.5
187	124	Sunjay Bhogal	Striders of Croydon	M40-49	01:34:11	01:33:43	68.37
188	1693	Stephen Leafe	South Derbyshire Road Runners	M50-59	01:33:55	01:33:43	73.77

Worthing Half Marahton 2017

189	228 Stuart Carruthers	Horsham Joggers	Senior Men	01:34:00	01:33:46	63.45
190	863 Darren Lodge	Worthing District & Harriers	Senior Men	01:33:52	01:33:46	63.55
191	2114 Steve Francis		M40-49	01:33:58	01:33:50	68.02
192	1300 Craig Silver		M50-59	01:33:59	01:33:55	73.72
193	1719 Roger Page		M40-49	01:35:12	01:33:56	68.7
194	598 Leo Hallihan		M50-59	01:34:07	01:34:02	70.04
195	1728 Dale Saxby		Senior Men	01:34:03	01:34:02	63.42
196	607 Gareth Handley		Senior Men	01:34:19	01:34:05	63.97
197	1160 Richard Pring		Senior Men	01:35:58	01:34:15	62.87
198	1995 Peter Winslett		Senior Men	01:34:26	01:34:15	63.17
199	1966 Mark Simmonds		M50-59	01:34:42	01:34:22	74.48
200	1947 Michelle Palmer-Harris	Worthing District & Harriers	F35-44	01:34:28	01:34:22	70.42
201	1210 Dominic Roberjot		Senior Men	01:34:34	01:34:23	64.24
202	378 Martin Dera	Somer AC	Senior Men	01:34:38	01:34:24	63.29
203	1690 Richard Kirby		Senior Men	01:34:37	01:34:24	63.04
204	2198 Thomas Milburn		Senior Men	01:34:33	01:34:27	63.09
205	2012 Lee Kemp		Senior Men	01:35:06	01:34:35	62.72
206	476 Martin Fines		M40-49	01:34:55	01:34:37	67.85
207	120 Luc Berthouze		M40-49	01:36:59	01:34:38	65.41
208	1871 Andrew Beaumont		Senior Men	01:37:00	01:34:42	61.49
209	170 Benjamin Boyle		Senior Men	01:34:43	01:34:43	63.7
210	1790 Edward Hole		Senior Men	01:35:19	01:34:47	62.58
211	681 Kristina Hine	Arena 80 AC	Senior Ladies	01:35:04	01:34:57	69.21
212	1153 Christian Powell		Senior Men	01:35:19	01:34:58	62.58
213	1215 Alex Robertson	Running for Nicola	Senior Men	01:35:22	01:34:59	62.55
214	1687 Matthew Jukes		Senior Men	01:35:22	01:35:02	62.55
215	20 Nina Anderson	Running for Nicola	Senior Ladies	01:35:56	01:35:05	68.59
216	1343 Andrew Spells	Worthing District & Harriers	Senior Men	01:35:34	01:35:07	63.13
217	1047 Anthony Norman		M40-49	01:35:45	01:35:08	63.88
218	1438 Bryan Tiller	Haywards Heath Harriers	M50-59	01:35:28	01:35:10	69.6
219	1722 Stephen Rackley		Senior Men	01:35:29	01:35:11	62.47
220	935 Miles McDermott		Senior Men	01:35:26	01:35:13	62.5
221	1973 Carl Swift		M40-49	01:35:30	01:35:19	67.96
222	764 Gary Jones	Lewes AC	M40-49	01:35:45	01:35:20	66.25
223	821 Scott Lawlor		M40-49	01:35:41	01:35:21	65.32
224	618 Simon Hardy		M40-49	01:35:32	01:35:21	64.02
225	1127 Daniel Phelps		Senior Men	01:35:32	01:35:21	62.44
226	379 Mark Derry		M50-59	01:35:43	01:35:28	69.42
227	82 Nicholas Barter		Senior Men	01:36:01	01:35:34	62.12
228	802 James Knoedler		Senior Men	01:35:45	01:35:34	62.3
229	927 Stuart McCaig		Senior Men	01:37:55	01:35:37	60.92
230	1295 Reg Shirley	Goring Road Runners	M50-59	01:35:50	01:35:44	73.6
231	1712 Steven Medniuk		M40-49	01:36:07	01:35:46	66
232	2034 Harvey Stephens		M50-59	01:36:09	01:35:48	68.55
233	2116 Matthew Green		Senior Men	01:36:01	01:35:53	62.12
234	1989 Sean Wareham		M40-49	01:36:04	01:35:56	67.56
235	2045 Adam Burton		Senior Men	01:36:16	01:35:58	61.96
236	1797 Adrian Jenner		M40-49	01:36:11	01:35:59	65.95
237	1218 Pete Robinson	Henfield Joggers	Senior Men	01:36:16	01:36:02	61.96
238	1251 Mark Sallis	BOSH	Senior Men	01:36:10	01:36:07	62.29
239	735 Mark Jacques		Senior Men	01:36:25	01:36:08	61.87
240	287 Emma Comber	Horsham Joggers	F35-44	01:36:21	01:36:09	70.14
241	29 Paul Armstrong		Senior Men	01:38:29	01:36:10	61.26
242	355 Sam Davies	Angels Take Flight	Senior Men	01:36:16	01:36:10	61.96
243	917 Andy May	Hailsham Harriers	M50-59	01:37:09	01:36:11	68.4
244	1322 Mark Smee	Crawley Saints & Sinners Running Club	M50-59	01:36:23	01:36:11	73.18
245	1617 Mathew Wynn		Senior Men	01:38:21	01:36:14	61.77
246	955 Lloyd Meheux		M40-49	01:36:32	01:36:20	65.23
247	944 Stuart McKenna		M40-49	01:36:36	01:36:24	63.79
248	1176 Sally Ramsden		F35-44	01:36:47	01:36:27	67.98
249	2223 Sean Lynch		M40-49	01:36:51	01:36:31	63.15
250	1654 Matthew Cawthra	Burgess Hill Runners	Senior Men	01:36:46	01:36:31	61.64
251	609 Grace Hanna		Senior Ladies	01:37:49	01:36:34	67.27

Worthing Half Marahnton 2017

252	28 Kirsty Armstrong	Burgess Hill Runners	F35-44	01:36:48	01:36:34	71.56
253	1268 Karl Scotland		M40-49	01:36:39	01:36:36	66.13
254	79 Katherine Barrett	haywards heath harriers	F35-44	01:36:50	01:36:39	67.95
255	1039 Graham Newton	Axe Valley Runners	M60+	01:36:55	01:36:41	80.53
256	1159 Michael Priest		Senior Men	01:37:07	01:36:42	61.42
257	838 Elodie Legras	Crawley Saints & Sinners Running Club	Senior Ladies	01:37:45	01:36:43	67.31
258	1829 Gary Smith	Petts Wood Runners	Senior Men	01:37:08	01:36:50	61.41
259	1427 Simon Thompson	Burgess Hill Runners	M40-49	01:37:27	01:36:53	63.22
260	886 Will Maltby		Senior Men	01:37:02	01:36:53	61.47
261	1061 Daniel O'Hare	Vegan Runners UK	M40-49	01:37:00	01:36:53	63.97
262	169 James Box		M40-49	01:38:46	01:36:54	62.39
263	1045 Mark Norman		M50-59	01:37:09	01:36:55	70.11
264	1451 Carl Trevis		M40-49	01:37:14	01:36:57	63.82
265	1201 Spliff Richard		Senior Men	01:37:12	01:37:00	61.37
266	2032 Emma Habba	Arena 80 AC	F35-44	01:37:11	01:37:04	71.27
267	1784 Sharona Harrington	Burgess Hill Runners	F35-44	01:37:20	01:37:05	68.36
268	1029 Richard Neale	Burgess Hill Runners	Senior Men	01:37:35	01:37:17	61.13
269	1566 Ross Wilhelm		Senior Men	01:37:51	01:37:22	61.22
270	1090 Barry Paine		M60+	01:37:49	01:37:22	73.44
271	1590 Paul Windust	Horsham Joggers	M40-49	01:37:46	01:37:27	63.47
272	1508 Bo-Wei Wang		Senior Men	01:37:56	01:37:29	60.91
273	410 Ian Dumbrell		M50-59	01:38:06	01:37:44	67.74
274	1495 Alistair Wakefield		M40-49	01:38:12	01:37:49	62.28
275	756 Ryan Johnstone	Hove Hornets	Senior Men	01:38:28	01:37:51	60.58
276	384 Richard Diggle	Itchen Spitfires running club	M40-49	01:38:16	01:37:54	62.7
277	1774 Julia Gleeson	Good Gym Race Team	F45-54	01:38:14	01:37:54	76.3
278	1802 David Lague	Crawley Saints & Sinners Running Club	M40-49	01:38:09	01:37:54	66.63
279	161 Alex Booth-Lowe		Senior Men	01:38:14	01:37:59	60.72
280	1913 Adam Hayes		Senior Men	01:39:55	01:38:02	59.7
281	720 Max Huxtable		Senior Men	01:38:49	01:38:11	60.36
282	294 Jason Cook		Senior Men	01:38:47	01:38:11	60.38
283	984 Scott Modha		Senior Men	01:38:52	01:38:12	60.33
284	118 Ralph Bernascone	Henfield Joggers	M60+	01:38:52	01:38:17	77.21
285	362 Richard Gibbs		M40-49	01:38:41	01:38:18	63.33
286	438 Justin Elborough		M40-49	01:38:40	01:38:18	63.34
287	1055 Jonathan Ockenden		M50-59	01:38:40	01:38:19	67.91
288	233 Steve Catt	HAT	Senior Men	01:38:38	01:38:21	61.17
289	1411 Tim Taylor		Senior Men	01:38:35	01:38:21	60.51
290	2228 Tim Jameson		Senior Men	01:38:33	01:38:21	61.64
291	240 Ricky Chan		Senior Men	01:38:41	01:38:24	60.45
292	1231 Helena Rooney		Senior Ladies	01:39:19	01:38:26	66.25
293	1899 Sean Dixon		Senior Men	01:38:58	01:38:29	60.27
294	157 Kevin Bones		M50-59	01:39:16	01:38:32	68.05
295	710 Jason Hughes		M40-49	01:38:56	01:38:36	62.72
296	554 Paul Godley		M40-49	01:38:52	01:38:36	65.64
297	1753 Simon Allford	Tunbridge Wells Harriers	M50-59	01:38:49	01:38:36	68.93
298	585 Rupert Guiel	Arunners RC	Senior Men	01:38:44	01:38:37	60.41
299	1014 Nadia Muncey		Senior Ladies	01:38:58	01:38:39	66.49
300	558 Maciej Golis		Senior Men	01:39:03	01:38:42	60.22
301	55 Richard Balchin		Senior Men	01:39:17	01:38:43	60.08
302	150 Thomas Boiling		Senior Men	01:38:55	01:38:43	60.3
303	1806 Darren Maple		Senior Men	01:39:05	01:38:44	60.2
304	709 John Hubbard		M50-59	01:39:05	01:38:46	70.55
305	567 Tom Gray	Tuff Totty	Senior Men	01:39:03	01:38:47	60.22
306	1383 Chris Strange	Larkfield AC	M40-49	01:39:04	01:38:50	63.56
307	1541 David Wharton		Senior Men	01:39:46	01:38:53	60.47
308	2007 Michael Hayward		M50-59	01:39:33	01:38:53	67.3
309	988 Steve Molloy		M40-49	01:39:16	01:38:53	64.88
310	514 Sean Gander		M50-59	01:39:13	01:38:53	66.44
311	1894 Jason Cushion		Senior Men	01:39:10	01:38:53	60.15
312	396 Erin Doherty		Senior Ladies	01:39:11	01:38:54	66.34
313	844 Joan Lennon	Steyning Athletic Club	F55+	01:39:00	01:38:54	81.97
314	371 Ali Defries	Chichester Runners & A.C	F45-54	01:41:11	01:38:58	72.08

Worthing Half Marahton 2017

315	1576 Huw Williams		M40-49	01:39:14	01:38:58	65.9
316	1305 Luke Simmonds	Bognor Regis Tone Zone Runners	Senior Men	01:39:25	01:38:59	60
317	485 Christopher Fletcher	Hatton Darts R.C.	M50-59	01:39:12	01:39:00	70.46
318	978 Lester Milner		M40-49	01:39:11	01:39:00	65.94
319	398 Alex Donaldson		Senior Men	01:39:22	01:39:02	60.03
320	437 David Edwards	Brighton and Hove City AC	M40-49	01:39:18	01:39:03	63.88
321	486 John Fletcher		M50-59	01:39:27	01:39:04	68.49
322	1799 Daniel Kirk		Senior Men	01:39:24	01:39:11	60.01
323	1671 Colin Enticknap		M40-49	01:39:38	01:39:12	61.84
324	1579 Craig Williamson		Senior Men	01:39:26	01:39:17	59.99
325	1858 Steve Waterman	Xempo Race Pacing	M40-49	01:39:32	01:39:18	64.21
326	130 Scott Biggs		Senior Men	01:39:54	01:39:19	59.71
327	1234 Martine Rossiter		F35-44	01:40:03	01:39:27	65.97
328	1981 Tomasz Tyl		Senior Men	01:39:59	01:39:36	59.91
329	1339 Steve Spalding		Senior Men	01:39:54	01:39:39	59.71
330	1838 Barry Waller	Worthing District & Harriers	M60+	01:40:08	01:39:41	80.77
331	823 Mark Lawson		M40-49	01:39:57	01:39:41	63
332	796 Angus Kirby	Worthing Striders	M50-59	01:40:06	01:39:42	67.48
333	1744 Kieran Whitman		Senior Men	01:42:08	01:39:45	58.4
334	1426 Richard Thompson	Brighton Phoenix AC	M40-49	01:40:06	01:39:51	64.34
335	2220 Sophie Mills	Lingfield Running club	F35-44	01:40:07	01:39:53	68.05
336	549 David Goddard		Senior Men	01:40:47	01:39:54	59.18
337	900 Paul Martin	Tuff Fitty Triathlon Club	Senior Men	01:40:10	01:39:54	60.64
338	1764 Nick Collins		M40-49	01:41:42	01:39:56	60.14
339	645 Timothy Hawkins	The Stragglers RC	M50-59	01:40:14	01:39:57	68.52
340	663 Keith Hersee		M40-49	01:40:27	01:39:59	63.63
341	1386 Paul Stringer		Senior Men	01:40:30	01:40:00	59.35
342	460 Steve Farmer	Brighton Phoenix AC	M40-49	01:40:13	01:40:00	63.78
343	871 Ivan Lyons	100 Marathon Club	M40-49	01:40:26	01:40:05	65.12
344	824 Edward Lay		M40-49	01:40:21	01:40:10	64.18
345	2199 Leon Dury	Horley Harriers	Senior Men	01:40:40	01:40:11	59.25
346	236 Emily Chadwick		Senior Ladies	01:40:39	01:40:13	65.37
347	760 Oliver Jones	Burgess Hill Runners	M40-49	01:40:47	01:40:14	62.48
348	835 Emma Leeson	Burgess Hill Runners	Senior Ladies	01:40:28	01:40:14	65.49
349	1773 Lloyd Garrett		M40-49	01:40:57	01:40:22	61.47
350	1398 Natasha Swan	Seaford Striders	F35-44	01:40:54	01:40:22	69.23
351	1991 Paul Whiteley		M50-59	01:40:40	01:40:22	69.43
352	1800 Katrin Kroschinski	Thames Turbo Triathlon Club	F35-44	01:40:38	01:40:22	66.11
353	1506 Daniel Walsh		Senior Men	01:40:58	01:40:25	59.08
354	1169 Neil Rabone	Worthing Striders	M50-59	01:40:49	01:40:27	67
355	708 Nick Hoyle		Senior Men	01:41:01	01:40:28	59.05
356	1732 Thomas Squibb	Arena 80 AC	Senior Men	01:41:02	01:40:29	59.04
357	1601 James Wood		M40-49	01:41:06	01:40:32	64.19
358	402 Stephen Down		M40-49	01:40:44	01:40:34	64.92
359	63 Samuel Ballard		M40-49	01:42:39	01:40:36	59.59
360	1762 Ali Clow		Senior Men	01:41:24	01:40:36	58.82
361	260 Graham Clayton		Senior Men	01:41:00	01:40:36	59.06
362	1841 B Justin Wetters	Buckingham & Stowe RC	M50-59	01:41:19	01:40:37	65.06
363	571 Mark Green	Bognor Regis Tone Zone Runners	Senior Men	01:41:23	01:40:41	59.51
364	1429 Jessica Thomson	Bognor Regis Tone Zone Runners	Senior Ladies	01:41:22	01:40:45	64.91
365	2033 Jo Phillimore	Arena 80 AC	F45-54	01:40:52	01:40:45	71.66
366	297 Stuart Coomber		M40-49	01:41:25	01:40:50	61.63
367	728 Daniel Ivey		M40-49	01:40:54	01:40:50	60.62
368	621 Colin Harnor		Senior Men	01:41:12	01:40:55	59.19
369	1756 Tony Baker		M50-59	01:41:29	01:41:01	65.47
370	2152 Nicola Thomas	Portsmouth joggers	F35-44	01:41:13	01:41:01	65.73
371	1303 Phil Simmonds		M50-59	01:41:44	01:41:13	67.51
372	1992 Ian Wilcox	Horsham Joggers	M50-59	01:41:32	01:41:15	69.47
373	503 Elizabeth Freeman		Senior Ladies	01:43:38	01:41:18	63.49
374	1677 Nick Hayns		Senior Men	01:41:54	01:41:19	58.53
375	1700 Andrew Mair	Bognor Regis Tone Zone Runners	Senior Men	01:42:06	01:41:23	58.42
376	343 Claire Daniel		F35-44	01:41:56	01:41:23	66.3
377	2107 Peter Golton		M50-59	01:41:48	01:41:24	66.35

Worthing Half Marahnton 2017

378	47 Tom Bailey	Wimbledon Windmilers	Senior Men	01:41:46	01:41:24	58.86
379	35 John Atherton		M50-59	01:41:39	01:41:25	67.01
380	1130 Emma Phillips		Senior Ladies	01:42:16	01:41:26	64.34
381	510 Kieran Fuller		Senior Men	01:43:40	01:41:27	57.54
382	368 Vincent De Vos		Senior Men	01:42:09	01:41:27	58.39
383	1065 James Oram	Worthing Striders	Senior Men	01:41:49	01:41:27	58.58
384	1635 Luke Benson		Senior Men	01:41:28	01:41:28	58.78
385	1085 Stephen Page		M40-49	01:42:11	01:41:29	63.02
386	80 Richard Barrett		Senior Men	01:41:55	01:41:29	58.53
387	2028 Martin Streeter	Mercia Fell Runners	M50-59	01:41:57	01:41:30	66.26
388	1559 Matt Whyman		M40-49	01:42:24	01:41:33	62.89
389	2149 Trevor 131155 Mikelas NIW		NDB	01:41:53	01:41:35	0
390	44 Sally Ayre		F35-44	01:42:15	01:41:36	65.57
391	149 Simon Bodsworth	Bognor Regis Tone Zone Runners	M40-49	01:42:43	01:41:37	63.67
392	1759 Chris Blyth		Senior Men	01:42:02	01:41:38	58.46
393	1890 Alan Coombs	Bognor Regis Tone Zone Runners	M40-49	01:42:31	01:41:39	63.79
394	699 Rupert Hollom	Haslemere Border AC	M40-49	01:42:13	01:41:39	63.49
395	341 Daniel Dalton		Senior Men	01:42:45	01:41:45	58.05
396	678 Henry Hillman		Senior Men	01:42:19	01:41:48	58.3
397	1409 Nigel Taylor	Corby AC	M50-59	01:42:10	01:41:53	65.04
398	125 Carl Bicknell	Haywards Heath Harriers	M50-59	01:42:48	01:41:54	66.81
399	127 Karen Bidwell		F45-54	01:42:12	01:41:55	72
400	2049 Andrew Birdsey		Senior Men	01:42:21	01:41:57	58.28
401	464 Jo Farrow		F45-54	01:42:21	01:41:59	71.25
402	2103 Paul Comper		Senior Men	01:42:32	01:42:00	59.25
403	16 Moyra Amess	Steyping Athletic club	F45-54	01:42:21	01:42:02	73.23
404	1946 David O'Dell		M40-49	01:42:42	01:42:05	62.24
405	1081 Tom Oxenham		Senior Men	01:42:10	01:42:05	58.38
406	418 Justin Dunstan		Senior Men	01:43:02	01:42:11	57.89
407	748 Richard Jerome		M40-49	01:42:33	01:42:11	60.95
408	1238 Chris Ruane		M40-49	01:43:03	01:42:13	62.98
409	1416 Christopher Tees		Senior Men	01:42:48	01:42:14	58.03
410	544 Hazel Glenn		F35-44	01:42:45	01:42:14	65.77
411	1501 Katherine Wallek		F35-44	01:42:48	01:42:15	67.95
412	1880 Abbie Cammiade		Senior Ladies	01:42:44	01:42:16	64.05
413	1106 Ruby Parsons		Senior Ladies	01:42:51	01:42:20	63.98
414	1067 Stephen O'Rourke	Paxton Striders	Senior Men	01:42:49	01:42:20	58.68
415	903 Heather Martingell	Ranelagh Harriers	F45-54	01:42:55	01:42:22	72.82
416	1939 Wade Martin		Senior Men	01:42:41	01:42:26	58.09
417	1507 Robin Walter	Eastbourne Rovers AC	Senior Men	01:43:00	01:42:34	57.91
418	1354 Kevin Standen		M40-49	01:44:28	01:42:36	58.98
419	156 Lucy Bone		Senior Ladies	01:43:14	01:42:38	63.74
420	1243 Stuart Ryan		Senior Men	01:42:38	01:42:38	58.12
421	694 Tony Holcombe	Bognor Regis Tone Zone Runners	M50-59	01:44:11	01:42:42	67.7
422	1158 Daniel Price	Horsham Joggers	M50-59	01:43:10	01:42:42	64.94
423	2231 Nick Eccles		Senior Men	01:43:34	01:42:46	57.59
424	1809 Jason Minto		M40-49	01:43:06	01:42:50	61.99
425	1581 Clare Wills		F35-44	01:43:25	01:42:51	66.98
426	1374 Antonio Stifani		M50-59	01:43:16	01:42:54	67.69
427	190 Michael Brotherhood		M60+	01:43:28	01:42:55	70.1
428	144 Tony Blayden	Lancing Eagles RC	M50-59	01:43:26	01:42:57	65.3
429	2145 Matt Ingram		Senior Men	01:44:10	01:42:58	57.26
430	54 Andy Baker	Vegan Runners UK	Senior Men	01:43:16	01:42:59	57.76
431	1751 Howard Albon		M40-49	01:43:27	01:43:00	62.25
432	580 Nathan Gregory		Senior Men	01:43:26	01:43:03	57.67
433	1585 Louisa Wilson	Worthing District & Harriers	F35-44	01:43:29	01:43:04	65.31
434	101 Tracy Beasley		F45-54	01:43:32	01:43:07	70.44
435	1716 Nick Murray	Worthing District & Harriers	M40-49	01:43:47	01:43:09	61.12
436	2047 William Black		Senior Men	01:43:31	01:43:09	57.62
437	2206 Kim Warner	Woking AC	M50-59	01:45:41	01:43:11	66.14
438	845 Candida Lewis		F45-54	01:43:44	01:43:13	68.47
439	1457 Mandy Tulley	Arunners RC	F35-44	01:43:44	01:43:14	67.9
440	622 Steve Harper		M40-49	01:43:33	01:43:14	61.73

Worthing Half Marahnton 2017

441	1563	Clair Widdowson		F35-44	01:43:23	01:43:14	64.86
442	461	Steven Farmer		M50-59	01:43:50	01:43:15	63.99
443	6	Dan Acutt		Senior Men	01:43:51	01:43:17	57.44
444	1907	Andrew Gray		M40-49	01:43:40	01:43:17	59.44
445	489	Christopher Ford	Wimbledon Windmilers	Senior Men	01:43:46	01:43:19	57.48
446	108	Darren Beers	Sutton runners	M40-49	01:43:38	01:43:19	61.68
447	1323	Lee Smith	KUHAC	M40-49	01:43:51	01:43:21	61.08
448	194	John Brown		M40-49	01:44:44	01:43:24	61.02
449	1714	Phil Morgan		Senior Men	01:43:55	01:43:24	57.4
450	1715	Amie Morgan		Senior Ladies	01:43:54	01:43:24	63.33
451	1804	Tim Lucas		M50-59	01:43:54	01:43:26	64.49
452	896	Ruth Marsella		F35-44	01:43:47	01:43:26	67.3
453	1418	Alice Tellett	Burgess Hill Runners	Senior Ladies	01:44:03	01:43:32	63.24
454	1980	Michael Twine		M50-59	01:44:05	01:43:35	65.44
455	263	Dean Clegg		M40-49	01:43:56	01:43:37	62.92
456	1511	Sam Wardroper		Senior Men	01:44:08	01:43:39	57.28
457	2001	Tom Carpenter		Senior Men	01:44:17	01:43:43	57.2
458	247	Ian Chilley	Lowestoft Road Runners	M50-59	01:43:59	01:43:44	64.43
459	751	Rebecca Jewitt		Senior Ladies	01:44:18	01:43:47	63.09
460	39	Hazel Austin	Lancing Eagles RC	F35-44	01:46:04	01:43:49	63.72
461	840	Daniel Lelliott		Senior Men	01:44:21	01:43:49	57.82
462	68	Sarah Banks	Haywards Heath Harriers	F45-54	01:44:08	01:43:49	70.66
463	459	Richard Fairbank	Hove hornets	M40-49	01:45:26	01:43:50	60.62
464	931	Gary McCawley	Denmead Striders	M50-59	01:44:40	01:43:52	62.98
465	2186	Victor Hammond		M50-59	01:44:28	01:43:59	65.2
466	1707	Annette Maynard	Burgess Hill Runners	F45-54	01:44:00	01:43:59	68.3
467	777	Andrew Kemp		Senior Men	01:44:18	01:44:01	57.19
468	400	Steve Dowell		M40-49	01:44:18	01:44:02	62.7
469	428	Stephen Eastty		M40-49	01:44:46	01:44:03	60.1
470	2197	Mari Laidlaw		F35-44	01:44:41	01:44:07	62.85
471	1553	Joe Whitehead		Senior Men	01:45:24	01:44:08	56.59
472	1328	Julian Smith		M40-49	01:45:20	01:44:14	58.91
473	1227	David Rogers		Senior Men	01:44:55	01:44:15	57.51
474	1024	Dominic Myers		Senior Men	01:44:32	01:44:19	57.06
475	1679	Michael Herbert		Senior Men	01:45:17	01:44:21	56.66
476	1497	Mark Waldron	Paxton Striders	M40-49	01:45:12	01:44:22	60.29
477	265	Peter Clinch		Senior Men	01:44:22	01:44:22	57.81
478	1750	Richard Adams	Lingfield Running club	Senior Men	01:45:04	01:44:23	57.01
479	128	John Biggins		M50-59	01:45:55	01:44:29	64.85
480	2020	Kate Stillwell		Senior Ladies	01:44:56	01:44:30	62.71
481	103	Alex Beavan		M40-49	01:45:02	01:44:31	62.27
482	2150	Owen O'hagan		Senior Men	01:45:08	01:44:33	57.78
483	1450	Gemma Tredwell		F35-44	01:45:38	01:44:34	62.48
484	542	Christopher Glanfield	Haywards Heath harriers	Senior Men	01:45:20	01:44:42	56.63
485	509	James Fuller		Senior Men	01:45:26	01:44:46	56.58
486	1529	Chris Weera		M50-59	01:45:48	01:44:50	63.33
487	1662	Patrick De Barr		Senior Men	01:45:27	01:44:50	56.57
488	2222	Ross Macdonald		NDB	01:45:01	01:44:51	0
489	1109	Dan Parton		Senior Men	01:45:25	01:44:56	56.58
490	407	Liz Dudeney	Hove Hornets	F35-44	01:45:28	01:45:03	63.57
491	1857	Will Wall	Xempo Race Pacing	Senior Men	01:45:34	01:45:04	56.5
492	277	Beverley Coleman	Jellybeans	F35-44	01:46:10	01:45:06	62.17
493	1362	Andy Stent		M40-49	01:47:35	01:45:12	60.32
494	1321	Grant Smalley	Tuff Fitty Triathlon Club	M40-49	01:46:05	01:45:15	58.49
495	555	Mugs Gohl		Senior Ladies	01:45:35	01:45:16	62.32
496	1771	Abigail Friend		F35-44	01:45:47	01:45:18	63.89
497	1138	Clint Pike		Senior Men	01:45:51	01:45:22	56.59
498	234	Tommy Cave		Senior Men	01:46:12	01:45:29	57.2
499	254	Paul Clark	Crawley AC	M50-59	01:46:23	01:45:36	62.98
500	349	Peter Davey	Arunners RC	M40-49	01:46:12	01:45:38	61.58
501	2193	Ben Churchyard		Senior Men	01:46:26	01:45:40	56.04
502	545	Jonny Glover		Senior Men	01:46:17	01:45:44	56.35
503	413	Mark Duncan		M40-49	01:46:00	01:45:46	58.53

Worthing Half Marahton 2017

504	33 Jamie Ash		M40-49	01:46:25	01:45:48	58.73
505	1805 Laura Magnavacchi		Senior Ladies	01:46:50	01:45:49	61.59
506	1942 Geoff Miles	Manx Airlines	Senior Men	01:48:14	01:45:51	55.11
507	1542 Alex Wheatley		Senior Men	01:46:46	01:45:53	55.87
508	943 Fiona-Mairead McKenna		Senior Ladies	01:46:14	01:45:55	61.94
509	779 Craig Kennedy		M50-59	01:46:44	01:45:57	62.77
510	1888 Suky Clifford	Sisters by choice	F35-44	01:46:23	01:45:58	62.04
511	1674 Alexei Gojkovic		Senior Men	01:46:31	01:46:00	56
512	1862 Aigars Andersons		Senior Men	01:48:25	01:46:02	55.25
513	1776 Helen Graham	Mid Sussex Tri Club	F45-54	01:46:44	01:46:06	70.89
514	1293 Vincent Shirley	Goring Road Runners	Senior Men	01:46:49	01:46:08	55.84
515	991 Adrian Monti	Brighton and Hove City AC	M40-49	01:46:48	01:46:10	60.77
516	747 Hannah Jennings	Unicorn Runners	Senior Ladies	01:48:24	01:46:16	60.7
517	1020 Stephen Murray		Senior Men	01:47:57	01:46:16	55.26
518	1818 Frank Pinto		Senior Men	01:47:37	01:46:17	55.43
519	1521 Edward Watts		M40-49	01:47:03	01:46:18	61.09
520	693 Nigel Hodges		M40-49	01:46:58	01:46:18	60.21
521	1549 Martin White		Senior Men	01:47:04	01:46:23	55.71
522	843 Melanie Lenihan		F35-44	01:47:10	01:46:25	64.63
523	981 Kate Mitchell		Senior Ladies	01:47:03	01:46:25	61.47
524	673 Matt High		M40-49	01:47:27	01:46:32	57.34
525	1342 Graham Sparkes		M40-49	01:47:06	01:46:39	57.11
526	529 Michael Gibbons	Bramhall Runners	M60+	01:47:04	01:46:40	67.09
527	232 Martin Catling		M40-49	01:47:18	01:46:46	60.95
528	153 Daniel Bolton		M40-49	01:47:16	01:46:48	57.02
529	1514 Simon Wateridge		Senior Men	01:47:43	01:46:50	55.38
530	1842 Dan White		M40-49	01:47:15	01:46:52	57.86
531	1037 Chris Newman		Senior Men	01:48:22	01:46:54	55.04
532	334 Tony Cutting		Senior Men	01:47:39	01:46:57	56.05
533	1826 Jonathan Russell		M40-49	01:47:42	01:47:04	58.9
534	1772 Carol Gardner		Senior Ladies	01:47:57	01:47:06	60.95
535	1547 Rhys White		Senior Men	01:48:51	01:47:08	54.8
536	2057 Jack Sunderland		Senior Men	01:47:10	01:47:10	55.66
537	1209 Clare Rixon		Senior Ladies	01:47:13	01:47:13	61.37
538	1041 Thomas Nicholson		Senior Men	01:48:58	01:47:14	54.74
539	1413 Matthew Taylor		M40-49	01:47:44	01:47:15	57.19
540	2021 Stephen Tucker		M40-49	01:49:52	01:47:16	59.07
541	1131 Emily Phizacklea's	Running for Nicola	Senior Ladies	01:48:07	01:47:17	60.86
542	1746 Rachelle Williams		F35-44	01:48:10	01:47:19	64.58
543	105 Emma Beck		F35-44	01:49:14	01:47:23	62.89
544	954 Natalie Mechen		F35-44	01:47:58	01:47:24	61.13
545	2015 Laurence Mercer		M40-49	01:49:53	01:47:30	55.66
546	1796 Richard Jackson		M40-49	01:48:24	01:47:30	56.84
547	1353 Darren Stamford		M40-49	01:47:55	01:47:30	57.09
548	1048 Amy Nottingham		Senior Ladies	01:49:44	01:47:33	59.96
549	1803 Graham Liddell		M50-59	01:47:49	01:47:34	62.65
550	1192 Neil Reeves		Senior Men	01:49:40	01:47:35	54.39
551	1555 Andrew Whitelaw		Senior Men	01:49:08	01:47:38	54.66
552	962 Krzysztof Michalik		Senior Men	01:49:48	01:47:39	54.32
553	2035 Neil Souter		Senior Men	01:48:27	01:47:41	56.02
554	1017 James Munden	Horsham Joggers	Senior Men	01:48:27	01:47:41	55.23
555	1128 Griz Phillips	Portslade Hedgehoppers	F45-54	01:48:27	01:47:42	68.46
556	1701 Simon Margaroli		M50-59	01:48:21	01:47:43	61.33
557	1187 Dave Razzell	Henfield Joggers	M50-59	01:48:30	01:47:48	62.78
558	1666 Tabitha Dudeney		F35-44	01:48:51	01:47:49	60.45
559	168 Elliot Box		Senior Men	01:48:43	01:47:49	54.87
560	2178 Kevin Wightman		M40-49	01:48:42	01:47:51	57.5
561	1064 James O'Neill		Senior Men	01:48:30	01:47:54	54.97
562	64 Josephine Bamford	Running for Nicola	F35-44	01:48:53	01:47:55	60.43
563	2213 Taigh Giles		Senior Ladies	01:48:27	01:47:55	60.67
564	791 Jonathan Kingston	Massey Ferguson R C	M60+	01:48:50	01:47:58	67.98
565	1476 Mark Van Loock		M40-49	01:48:49	01:47:59	57.86
566	868 Matthew Lunberg-Adams		Senior Men	01:48:16	01:47:59	55.1

Worthing Half Marahnton 2017

567	90 Dean Battersby		M50-59	01:50:40	01:48:02	60.04
568	1893 Sam Currie		Senior Men	01:49:50	01:48:03	54.31
569	81 Sadie Barron		F35-44	01:48:50	01:48:06	63.64
570	183 Emma Bright		F45-54	01:49:00	01:48:07	67.51
571	801 Lee Knight		Senior Men	01:49:24	01:48:08	54.52
572	601 Steven Hamblyn		Senior Men	01:49:40	01:48:11	54.39
573	885 Jason Mallett		Senior Men	01:48:28	01:48:12	56.01
574	2154 Mark Fretwell	Hedge End	NDB	01:48:32	01:48:13	0
575	1070 Tiffany Orton	Tuff Totty	F35-44	01:49:30	01:48:14	60.76
576	1778 Gary Grinyer		M50-59	01:49:09	01:48:14	62.92
577	166 Daniel Bowling		Senior Men	01:48:30	01:48:14	54.98
578	942 Anna McIvor		Senior Ladies	01:49:53	01:48:15	59.88
579	1524 Daniel Weal		Senior Men	01:49:44	01:48:15	54.36
580	163 Philippa Bougeard		Senior Ladies	01:49:06	01:48:15	60.31
581	2119 Phyl Weston	Horsham Joggers	NDB	01:50:40	01:48:17	0
582	998 Katrine Morgan		F35-44	01:49:31	01:48:18	63.78
583	1086 Chris Page	Burgess Hill Runners	M50-59	01:49:00	01:48:18	63.56
584	936 Daniel McDermott-Roe		Senior Men	01:49:16	01:48:19	54.59
585	782 Ralph Kettel		M40-49	01:49:23	01:48:24	58.43
586	1925 Antony Karas		M40-49	01:49:12	01:48:24	59.43
587	293 Paul Cook		Senior Men	01:49:11	01:48:24	55.64
588	115 Rene Berende		M50-59	01:48:46	01:48:28	64.26
589	1876 Emily Brown		Senior Ladies	01:49:31	01:48:29	60.08
590	513 Luke Gale		Senior Men	01:49:44	01:48:30	54.36
591	2155 Simon Watts		M40-49	01:50:13	01:48:31	58.43
592	1699 Stewart Mackman	Horsham Blue Star Harriers	M50-59	01:50:14	01:48:32	64.58
593	320 Anita Crawley	Denmead Striders	F45-54	01:49:22	01:48:33	69.19
594	1167 Ian Puttock	Worthing Striders	M40-49	01:48:59	01:48:34	59.09
595	1881 Neal Cass	Portslade Hedgehoppers	M40-49	01:48:59	01:48:36	56.93
596	778 Tim Kemp		Senior Men	01:49:52	01:48:38	54.92
597	575 Paul Green		Senior Men	01:49:22	01:48:38	54.77
598	1869 Tomasz Banaszak		Senior Men	01:49:21	01:48:38	54.55
599	971 James Millen	Portslade Hedgehoppers	M40-49	01:49:43	01:48:40	58.7
600	1292 John Shirley	Good Gym Race Team	M50-59	01:49:20	01:48:41	63.37
601	1469 Robert Tysall-Blay		M50-59	01:51:04	01:48:43	64.09
602	1214 Andrew Robertson		M40-49	01:50:02	01:48:44	56.8
603	1993 Stuart Williamson	Farnham Runners	M40-49	01:49:19	01:48:44	58.47
604	1119 Ian Pearce		M40-49	01:49:48	01:48:45	57.35
605	326 Lee Crow	Burgess Hill Runners	M40-49	01:49:19	01:48:45	59.37
606	1177 Emma Rance	Can't take the girls out of Worthing.....	F45-54	01:49:24	01:48:47	64.93
607	1830 Christy Smith		M40-49	01:49:07	01:48:47	56.06
608	1004 Angela Morrison		F45-54	01:49:29	01:48:48	69.11
609	1236 Daisy Rowe		Senior Ladies	01:49:36	01:48:50	60.04
610	339 Lee Dadgostar		M40-49	01:49:36	01:48:51	57.45
611	909 Simon Matterface		Senior Men	01:50:57	01:48:52	54.75
612	1316 Elizabeth Sladen		Senior Ladies	01:49:32	01:48:52	60.07
613	1649 Marina Bullivant		F45-54	01:49:38	01:48:53	68.36
614	449 Mark Evans		Senior Men	01:49:35	01:48:54	54.43
615	43 Mark Aylmore	Horsham Joggers	Senior Men	01:49:42	01:48:55	55
616	1944 James Musgrave	Farnham Runners	M40-49	01:49:31	01:48:55	59.26
617	1824 Simon Rigler		M40-49	01:51:26	01:48:58	54.89
618	1380 Phil Stones	Jellybeans	M40-49	01:50:02	01:48:58	57.22
619	100 Callum Beamish		Senior Men	01:49:52	01:48:58	54.29
620	1044 Gary Noakes		M50-59	01:49:26	01:48:58	62.24
621	325 Kevin Cross		M50-59	01:49:45	01:48:59	61.05
622	1217 Victoria Robins	Horsham Joggers	F35-44	01:49:51	01:49:00	61.04
623	1898 Santos Diana	Dulwich Park Runners	M40-49	01:49:50	01:49:01	56.9
624	1472 Paul Ullah		Senior Men	01:51:04	01:49:02	53.7
625	1435 Riley Thorold	Running for Nicola	Senior Men	01:50:13	01:49:13	54.12
626	750 Mark Jewell		Senior Men	01:50:44	01:49:15	53.87
627	574 Alice Green	London Frontrunners	F35-44	01:50:20	01:49:15	62.26
628	1765 Cathrine Danns		F45-54	01:50:18	01:49:16	64.96
629	1280 Gemma Shadbolt		Senior Ladies	01:50:25	01:49:17	59.59

Worthing Half Marahnton 2017

630	1304 Debbie Simmonds		F55+	01:50:26	01:49:18	71.23
631	4 Gareth Absalom		M50-59	01:50:08	01:49:18	60.84
632	1729 Chris Smith		Senior Men	01:50:01	01:49:22	54.22
633	1906 Nick Goodman		M50-59	01:50:09	01:49:24	60.33
634	1445 Keith Tomlinson		Senior Men	01:51:36	01:49:25	53.45
635	1399 Joanna Swannell		F45-54	01:50:25	01:49:25	64.33
636	951 Kim Meadows	Run Brighton	F55+	01:50:04	01:49:25	71.47
637	2019 Stephanie Smith		Senior Ladies	01:50:28	01:49:26	59.56
638	1068 Matthew Orrell		M40-49	01:50:13	01:49:26	57.99
639	257 Peter Clarke		M40-49	01:51:14	01:49:27	57.46
640	2212 Adam Walsh		M40-49	01:51:39	01:49:28	54.78
641	793 Doug Kington	Reigate Priory AC	Senior Men	01:50:33	01:49:28	53.95
642	541 Mark Gladwell		M40-49	01:50:11	01:49:28	58.9
643	276 Clare Cole		F35-44	01:50:00	01:49:28	62.45
644	1221 Nicola Robinson		F35-44	01:49:53	01:49:31	63.57
645	637 Chris Harvey		Senior Men	01:50:28	01:49:32	54
646	239 Fiona Champness	Lingfield Running club	F35-44	01:50:17	01:49:32	62.81
647	814 Justin Lanigan		M40-49	01:50:16	01:49:32	55.47
648	327 Rachel Cubitt	Norwich Road Runners	Senior Ladies	01:50:03	01:49:32	59.79
649	1206 Lee Rising		M50-59	01:50:18	01:49:33	61.24
650	2184 Gavin Weiss		F35-44	01:50:17	01:49:34	60.33
651	1554 Jason Whitehouse		Senior Men	01:50:06	01:49:34	54.17
652	1056 Miles Ockwell		Senior Men	01:50:14	01:49:35	54.34
653	301 Kate Cooper		F35-44	01:50:26	01:49:36	63.25
654	784 Karolina Kielb	Angels Take Flight	Senior Ladies	01:50:59	01:49:39	59.28
655	987 Jc Moller		M50-59	01:50:28	01:49:43	60.15
656	1910 Matt Hamilton	Arunners	Senior Men	01:50:09	01:49:43	54.15
657	1937 Rachel Magner		Senior Ladies	01:51:36	01:49:44	58.96
658	986 Debra Moller		F45-54	01:50:28	01:49:44	67.21
659	893 Grazia Manzotti	Sevenoaks AC	F45-54	01:50:27	01:49:44	65.44
660	1441 Tania Tinslay		F35-44	01:50:06	01:49:46	59.94
661	2003 Amanda De Ridder	Tuff Fitty Triathlon Club	F35-44	01:50:29	01:49:47	63.22
662	1792 Stephen Hopkins		M40-49	01:50:04	01:49:48	56.78
663	892 Steve Mant		M40-49	01:50:45	01:49:52	55.23
664	1531 Jamie Weisz		Senior Men	01:50:34	01:49:54	53.95
665	463 Sarah Farney		F35-44	01:50:44	01:49:55	61.03
666	1845 Rosalind Wright		F35-44	01:50:35	01:49:56	59.68
667	154 Kathy Boltwood		F35-44	01:50:54	01:49:57	63.51
668	78 Roy Barraclough		M50-59	01:50:26	01:50:00	62.74
669	2230 Clare Halligan		F45-54	01:50:43	01:50:03	65.87
670	523 Nikki Gatland		Senior Ladies	01:51:05	01:50:04	59.23
671	763 Jonathan Jones	Goring Road runners	Senior Men	01:51:01	01:50:04	53.73
672	1164 Craig Pulling		Senior Men	01:51:41	01:50:05	53.41
673	1852 Andrew Lamb	Xempo Race Pacing	M40-49	01:50:49	01:50:05	55.6
674	1213 Jack Roberts		Senior Men	01:50:19	01:50:05	54.07
675	427 Jason Eastaugh		Senior Men	01:52:34	01:50:06	52.99
676	315 Sarah Cowood	Corby AC	F45-54	01:50:47	01:50:07	68.3
677	1261 Jose Sarria	Decathlon Sports Shop	M50-59	01:51:30	01:50:08	59.12
678	1530 Ben Weisz		Senior Men	01:50:48	01:50:08	53.84
679	1928 Steve Klein		Senior Men	01:50:20	01:50:09	54.06
680	1266 Antje Schemath	BOSH	Senior Ladies	01:50:49	01:50:10	59.38
681	908 Philip Mather		Senior Men	01:50:45	01:50:11	53.86
682	388 Martha Dillon	Running for Nicola	Senior Ladies	01:51:06	01:50:14	59.23
683	2000 Rory Burdfield	Arunners	Senior Men	01:51:59	01:50:16	53.27
684	185 Cat Broadbent		Senior Ladies	01:51:12	01:50:16	59.17
685	1406 Guido Tapia	Lancing Eagles RC	M60+	01:50:51	01:50:19	67.41
686	1060 Sam O'Hara		Senior Men	01:51:55	01:50:20	53.3
687	667 Neil Hewitt	Team Findon	M40-49	01:50:46	01:50:22	56.42
688	666 Paul Hewitt	worthing striders	M40-49	01:50:46	01:50:22	56.42
689	1833 Shaun Taylor		Senior Men	01:51:05	01:50:28	53.7
690	76 Mark Barker		M50-59	01:51:34	01:50:29	59.08
691	1754 Georgia Aviss		Senior Ladies	01:52:52	01:50:31	58.3
692	1026 Bernard Naressi	HOVE HORNETS	M40-49	01:51:36	01:50:31	58.6

Worthing Half Marahnton 2017

693	281 Oliver Collard		Senior Men	01:52:40	01:50:33	52.94
694	2227 Ami Ancombe		Senior Ladies	01:51:16	01:50:34	59.14
695	1726 Graham Salter		M40-49	01:50:35	01:50:35	59.14
696	1174 Annna Ramage	Mel's Milers	F45-54	01:52:45	01:50:43	68.4
697	1232 Jon Roper	Tuff Totty	M50-59	01:51:42	01:50:48	60.47
698	1361 George Stead		Senior Men	01:51:24	01:50:52	53.55
699	462 Ross Farndon		M40-49	01:51:54	01:50:53	55.06
700	1685 Jon Jolly		Senior Men	01:52:26	01:50:58	53.27
701	1449 Martin Travi		Senior Men	01:52:55	01:50:59	52.83
702	1757 Patrick Bartholomew		M40-49	01:52:51	01:51:02	57.95
703	889 Mark Mann		M50-59	01:52:51	01:51:03	58.41
704	1661 Andria Daughtrey		Senior Ladies	01:51:44	01:51:03	58.89
705	159 Tracey Booker		F35-44	01:52:31	01:51:04	61.56
706	1929 Richard Lamb		Senior Men	01:51:49	01:51:04	53.35
707	653 Adam Hearn		M40-49	01:53:12	01:51:06	55.62
708	1996 Nigel Worsfold		M40-49	01:51:37	01:51:15	56.83
709	1923 Jo Jones		Senior Ladies	01:51:37	01:51:16	58.95
710	40 Scott Austin		Senior Men	01:53:07	01:51:20	52.73
711	1133 Alex Picker	ShoreFit	Senior Men	01:51:49	01:51:26	53.34
712	457 David Ewing		M50-59	01:52:20	01:51:29	62.22
713	347 Natasha Davey		Senior Ladies	01:52:12	01:51:33	58.65
714	717 Michael Husarz		Senior Men	01:53:44	01:51:37	52.45
715	560 Keith Goodsell		M50-59	01:52:59	01:51:37	60.79
716	1892 Lynn Culver		F55+	01:52:25	01:51:39	69.26
717	2014 Ian Macara		M40-49	01:52:17	01:51:39	56.08
718	1172 Yann Rageul		M40-49	01:53:51	01:51:41	54.5
719	2031 Damien Walker		M40-49	01:52:30	01:51:41	56.81
720	1636 Anna Bernard	Good Gym Race Team	F35-44	01:52:20	01:51:41	59.23
721	531 Jason Giddings		Senior Men	01:53:32	01:51:46	52.54
722	982 Philip Mitchell		M50-59	01:52:46	01:51:47	60.4
723	2189 Anthony Hill		Senior Men	01:51:59	01:51:47	53.26
724	654 Terry Heath	Trail runners association	M40-49	01:54:01	01:51:48	56.48
725	1120 Les Pearce		M50-59	01:53:48	01:51:49	62.55
726	1741 Mark Wateridge		M50-59	01:52:27	01:51:50	61.08
727	2062 Simon Davis		Senior Men	01:54:01	01:51:52	53.28
728	537 Graham Gillett		M40-49	01:52:24	01:51:53	58.18
729	1395 Dan Suttle	Goring Road Runners	Senior Men	01:52:52	01:51:54	52.85
730	959 Mohamed Merabet		M40-49	01:54:22	01:51:55	55.06
731	333 Ben Cunningham		Senior Men	01:52:25	01:51:55	53.28
732	887 Sarah Manley		F35-44	01:52:47	01:51:56	61.93
733	1053 Howard Nye		M40-49	01:52:24	01:52:04	56.02
734	392 Guy Dixon		Senior Men	01:54:47	01:52:05	51.97
735	1212 Nick Roberts		M40-49	01:54:02	01:52:05	53.64
736	344 Sally Daniels		F35-44	01:53:10	01:52:05	62.24
737	2179 Thomas Kirk		Senior Men	01:53:07	01:52:06	52.73
738	1319 Chris Sloggett		Senior Men	01:52:57	01:52:06	52.81
739	2058 Sarah Gray		F35-44	01:53:36	01:52:12	60.97
740	1738 Dave Vise		M40-49	01:52:39	01:52:13	57.61
741	12 Holly Allan		Senior Ladies	01:54:36	01:52:16	57.41
742	586 David Guiel	Arunners RC	M40-49	01:53:02	01:52:17	57.86
743	1957 David Rennie		Senior Men	01:53:29	01:52:18	52.56
744	1670 Nick Ellis		M40-49	01:52:53	01:52:18	55.37
745	690 Simon Hodges	Brighton and Hove City AC	M50-59	01:53:29	01:52:22	58.08
746	611 Ian Hansford		Senior Men	01:53:25	01:52:22	53.56
747	2063 Celine Lehmann		Senior Men	01:53:43	01:52:23	52.45
748	2224 Toby Southall	Running for Nicola	Senior Men	01:54:28	01:52:25	52.11
749	323 Simon Crisp		M40-49	01:53:41	01:52:25	54.58
750	1586 Charlie Wilson	Running for Nicola	Senior Men	01:53:17	01:52:25	52.66
751	1225 Nichola Rogers		Senior Ladies	01:53:40	01:52:31	57.88
752	2191 Julie Hickling	Hailsham Harriers	F45-54	01:53:30	01:52:31	64.83
753	2208 Kate Smith		F35-44	01:55:08	01:52:36	60.16
754	996 Samantha Morfee		F35-44	01:53:13	01:52:37	59.22
755	95 Jen Bayford		F35-44	01:53:34	01:52:38	57.94

Worthing Half Marahnton 2017

756	246 Sophie Cheesman		Senior Ladies	01:53:15	01:52:38	58.1
757	1203 Andrew Riddell	Angels Take Flight	Senior Men	01:54:06	01:52:44	52.28
758	1984 Jonathan Vallance		M40-49	01:53:36	01:52:44	55.43
759	1345 Pete Spicer		Senior Men	01:53:49	01:52:46	52.63
760	1491 Mark Waghorn		M40-49	01:53:41	01:52:47	53.8
761	1594 Susan Wintle		F35-44	01:53:51	01:52:50	60.84
762	573 Dave Green		M40-49	01:54:40	01:52:51	53.34
763	112 Adrian Bennett	Paxton Striders	M50-59	01:53:19	01:52:51	58.64
764	2002 Alan Day		M50-59	01:53:48	01:52:52	60.88
765	1290 Bobby Shepard	Crawley Saints & Sinners Running Club	M40-49	01:54:39	01:52:57	55.33
766	638 Clive Harvey	Tuff Fitty Triathlon Club	M50-59	01:53:50	01:52:59	62.53
767	1428 Stuart Thomson	Bognor Regis Tone Zone Runners	M50-59	01:53:44	01:53:00	61.46
768	435 Kelly Edwards		F35-44	01:54:57	01:53:02	57.42
769	1359 Andrea Stark	Crawley Saints & Sinners Running Club	F45-54	01:54:48	01:53:05	62.41
770	1900 Karen Donald		F35-44	01:54:09	01:53:05	58.28
771	969 Colin Millar		M40-49	01:53:05	01:53:05	56.09
772	1282 Jo Sharrocks		F35-44	01:55:21	01:53:07	58.59
773	1945 Luke Noble		Senior Men	01:54:32	01:53:08	52.3
774	3 Mario Abou Farhat	Spinach	Senior Men	01:55:19	01:53:10	51.73
775	721 Neil Hyde		M40-49	01:53:58	01:53:10	55.25
776	583 Julia Griggs	Foxy Ladies	F35-44	01:53:58	01:53:11	60.28
777	2023 Daniel Wescott		Senior Men	01:53:51	01:53:15	52.39
778	351 Neil Davies	Unicorn Runners	M40-49	01:54:33	01:53:22	55.8
779	850 Stacie Lillywhite	BOSH	Senior Ladies	01:55:12	01:53:30	57.11
780	1028 Alex Nau		Senior Men	01:54:10	01:53:30	52.24
781	975 Clive Mills		M40-49	01:54:43	01:53:31	54.09
782	1821 Nicky Pysden		Senior Ladies	01:54:41	01:53:43	57.37
783	496 James Koistan	Ashby	Senior Men	01:54:47	01:53:46	51.97
784	928 Claire McCann	Worthing District & Harriers	F35-44	01:54:29	01:53:46	59.03
785	970 Joseph Millard		M40-49	01:55:19	01:53:47	56.28
786	689 M Hodge	Tuff Totty	M40-49	01:54:15	01:53:47	56.8
787	837 Charlie Leggo		M40-49	01:55:55	01:53:49	52.77
788	1140 Deborah Pitt		F35-44	01:55:56	01:53:50	60.75
789	2207 Tom Godfrey		Senior Men	01:54:29	01:53:50	52.7
790	1720 Emma Pankhurst		Senior Ladies	01:56:03	01:53:52	56.7
791	1785 Jon Hebson		Senior Men	01:55:02	01:53:53	51.85
792	1173 Charlotte Raine		Senior Ladies	01:55:14	01:53:55	57.1
793	167 Benjamin Bown		Senior Men	01:55:14	01:53:55	51.76
794	976 Helen Mills		F35-44	01:54:45	01:53:56	61.38
795	1493 Paul Wainwright		M40-49	01:54:44	01:53:58	56.57
796	212 Justin Burt		M40-49	01:54:47	01:53:59	56.98
797	625 Rachel Harris		Senior Ladies	01:55:16	01:54:01	57.09
798	1997 Anne Anscomb		F55+	01:54:45	01:54:02	72.29
799	1296 Tanya Shlovogt		F35-44	01:55:07	01:54:05	57.33
800	629 Stuart Harris		Senior Men	01:54:35	01:54:05	53.02
801	734 Nick Jackson-Smith	Hove Hornets	M50-59	01:55:15	01:54:07	57.19
802	774 Sian Kelly		Senior Ladies	01:56:34	01:54:10	56.45
803	1025 Anna Myllyneva		Senior Ladies	01:55:19	01:54:10	57.06
804	738 Philip James	Horley Harriers	M40-49	01:54:59	01:54:10	55.17
805	1610 Lee Woollard	Paxton Striders	Senior Men	01:55:54	01:54:12	51.68
806	373 Emily Delicata		F35-44	01:56:14	01:54:15	56.78
807	1564 Tim Wilburn		M40-49	01:56:18	01:54:17	55.8
808	518 Chris Garner		M40-49	01:55:47	01:54:19	56.48
809	538 Christine Gillott		F35-44	01:55:28	01:54:20	60.49
810	1866 Nikki Bache		F35-44	01:56:20	01:54:21	60.04
811	895 Justin Marsden		M40-49	01:56:53	01:54:22	53.09
812	992 Samantha Moore	Hove Hornets	F35-44	01:55:12	01:54:22	60.12
813	23 Lance Ansbro		Senior Men	01:54:58	01:54:22	51.88
814	626 David Harris		M50-59	01:55:10	01:54:23	58.65
815	98 Craig Beale		Senior Men	01:55:17	01:54:24	51.74
816	1350 Chris Staff		Senior Men	01:56:45	01:54:25	51.09
817	21 Ben Andrews		Senior Men	01:56:44	01:54:25	51.1
818	136 Victoria Bishop		Senior Ladies	01:55:15	01:54:25	57.09

Worthing Half Marahnton 2017

819	1270 Dan Scott		M40-49	01:55:29	01:54:27	54.93
820	319 Greg Cranfield		Senior Men	01:55:27	01:54:27	51.67
821	1378 Martin Stone		M50-59	01:55:18	01:54:31	58.59
822	640 Alice Hasell		Senior Ladies	01:59:11	01:54:33	55.21
823	1951 Abbie Porter		F35-44	01:56:46	01:54:37	59.82
824	65 Liam Banham Rayward Haywards Heath Harriers		Senior Men	01:55:34	01:54:38	51.61
825	1697 Katja Lowe		F35-44	01:55:57	01:54:45	59.73
826	937 Heather McDonald		Senior Ladies	01:55:19	01:54:45	57.06
827	539 Mark Gillott		M50-59	01:55:41	01:54:48	57.44
828	353 Lee Davies		M40-49	01:55:26	01:54:50	55.37
829	204 Robin Burgess		M40-49	01:55:26	01:54:50	53.75
830	1015 Simon Munday		M50-59	01:55:49	01:54:56	57.38
831	958 Jocemar Mendes Da Si Paxton Striders		M40-49	01:59:24	01:55:00	51.61
832	581 Matt Grey	Portslade Hedgehoppers	Senior Men	01:56:54	01:55:02	51.02
833	1688 Jairo Kasmierchcki		Senior Men	01:57:01	01:55:06	51.56
834	30 Nick Arnese		M40-49	01:57:28	01:55:07	54.41
835	11 Jim Vidler	BOSH	M40-49	01:56:09	01:55:09	55.03
836	1175 Paul Ramsden		M50-59	01:56:05	01:55:09	58.19
837	1489 Caroline Wadey	Burgess Hill Runners	F45-54	01:57:34	01:55:11	60.94
838	883 Trevor Makey		M50-59	01:55:43	01:55:12	57.9
839	1419 Shaun Terson		Senior Men	01:55:47	01:55:15	51.52
840	1718 Karunakar P	WorthingShirdiSaiGroup	M40-49	01:57:13	01:55:17	52.18
841	376 Laura Dennis		Senior Ladies	01:56:42	01:55:18	56.38
842	1098 Tom Pannell		Senior Men	01:56:01	01:55:18	51.42
843	1523 Victoria Wayne		Senior Ladies	01:55:51	01:55:19	56.8
844	1575 Amanda Williams		F35-44	01:56:10	01:55:20	59.63
845	1504 Glenn Walsh	Flotech - Cool Runners	M40-49	01:56:02	01:55:21	55.5
846	1782 Beth Hancock		Senior Ladies	01:56:33	01:55:23	56.46
847	2117 Matt Dargan		NDB	01:55:34	01:55:23	0
848	361 Mark Day	Tuff Totty	M40-49	01:56:23	01:55:28	54.1
849	1432 Joanne Thornton	Uckfield runners	F45-54	01:56:30	01:55:32	62.04
850	488 Imogen Flower	Running for Nicola	Senior Ladies	01:57:44	01:55:33	55.89
851	533 Emma Gilbert		F45-54	01:56:30	01:55:33	62.6
852	102 Amanda Beattie	South London Harriers	F35-44	01:56:29	01:55:35	58.98
853	820 Richard Lawrence		M50-59	01:56:30	01:55:36	56.58
854	2146 Stephanie House		F35-44	01:56:24	01:55:40	57.16
855	1837 Jo Turner		Senior Ladies	01:57:17	01:55:46	56.1
856	1488 Jason Wadey	Burgess Hill Runners	M40-49	01:57:31	01:55:50	53.98
857	1500 Paula Wallace	Goring Road Runners	F35-44	01:56:47	01:55:50	60.31
858	584 Bryan Grundy		M40-49	01:58:35	01:55:53	53.1
859	1437 Sharon Tidmarsh		F35-44	01:56:45	01:55:53	57.89
860	980 Claire Mitchell		F35-44	01:56:45	01:55:54	58.84
861	795 Kerry Kipling		F45-54	01:56:58	01:55:55	61.8
862	1630 Daniel Ascough	London fire brigade triathlon club	Senior Men	01:56:29	01:55:59	51.21
863	1780 Simon Guess		Senior Men	01:58:28	01:56:00	51.28
864	1618 Chris Xavier		Senior Men	01:57:13	01:56:02	50.89
865	1621 Mark Young		M40-49	01:56:34	01:56:02	54.02
866	1638 Darren Bird	London fire brigade triathlon club	Senior Men	01:56:35	01:56:05	51.17
867	1115 Louise Payne		F35-44	01:57:34	01:56:08	59.91
868	309 Sara Coulson		F35-44	01:56:55	01:56:09	57.35
869	576 Thomas Green		Senior Men	01:57:09	01:56:12	50.92
870	1650 Natasha Bullock		Senior Ladies	01:57:36	01:56:13	55.95
871	1079 Rebecca Oxendale		F35-44	01:57:35	01:56:14	57.02
872	1249 Ally Salisbury	Ranelagh Harriers	F45-54	01:57:33	01:56:14	63.16
873	2195 Thomas Barker		Senior Men	01:56:51	01:56:14	51.05
874	472 Richard Ferries		M50-59	01:58:44	01:56:15	56.89
875	1704 Hannah Massarella		Senior Ladies	01:57:42	01:56:18	55.9
876	772 Sarah Keeley		F35-44	01:57:47	01:56:24	56.49
877	92 Benjamin Baxter	Spinach	Senior Men	01:58:32	01:56:26	50.32
878	478 Michael Fisher		M40-49	01:57:41	01:56:26	55.57
879	2115 Neil Mcloughlin		Senior Men	01:57:22	01:56:26	50.82
880	5 Luis Adrian Vincent Abutan		Senior Men	01:57:33	01:56:27	50.74
881	1144 Steve Plumstead		Senior Men	01:57:32	01:56:27	50.75

Worthing Half Marahnton 2017

882	1112 Jessica Pattenden		Senior Ladies	01:57:31	01:56:27	55.99
883	1265 Adam Saunders		Senior Men	01:56:58	01:56:28	51
884	1633 Susannah Atherton		F35-44	01:58:28	01:56:29	57.99
885	300 Graham Cooper		M40-49	01:58:28	01:56:29	54.78
886	1990 Poppy Watson-Brooks		Senior Ladies	01:57:10	01:56:29	56.16
887	502 Vince Freeman	Brighton Tri Club	Senior Men	01:58:42	01:56:30	50.46
888	224 Thomas Cardy		Senior Men	01:58:38	01:56:30	50.28
889	1102 Phil Parks		M50-59	01:58:28	01:56:30	56.56
890	1313 Joanne Sinton-Hewitt	Ranelagh Harriers	F45-54	01:57:49	01:56:30	64.22
891	2216 Peter Grant		M50-59	01:57:31	01:56:30	58.45
892	827 Chris Leach	Stubbington Green Runners	M40-49	01:57:42	01:56:35	51.97
893	826 Rachel Leach	Stubbington Green Runners	F35-44	01:57:43	01:56:36	57.88
894	1358 Sandy Staples	Worthing Striders	F45-54	01:57:19	01:56:36	61.07
895	2118 Jurga Scerbakova		F35-44	01:57:21	01:56:37	56.7
896	1262 Martin Satchell	Worthing District & Harriers	M50-59	01:57:38	01:56:38	57.91
897	278 Richard Coleman		M60+	01:58:32	01:56:39	60.6
898	753 Lou Johnson	Horsham Joggers	F45-54	01:58:21	01:56:40	62.74
899	1069 Amber Orsborn-Smith		F35-44	01:57:54	01:56:42	57.32
900	1516 Dan Watkins		Senior Men	01:58:16	01:56:45	50.44
901	116 Deborah Beresford-Moore		F45-54	01:58:31	01:56:46	63.24
902	420 Tom Durcan		Senior Men	01:57:47	01:56:46	50.64
903	2202 Suzanne Holwill		Senior Ladies	01:58:40	01:56:48	55.45
904	1072 Patrick Osborne	Not too keen	Senior Men	01:58:47	01:56:53	50.22
905	1452 Simon Tripp		M40-49	01:57:34	01:56:53	53.95
906	2147 Matthew Wadey		M40-49	01:58:27	01:56:55	52.38
907	2120 Dominic Hallett		Senior Men	02:02:32	01:56:57	48.68
908	724 Neil Irvine		M40-49	01:58:17	01:56:57	53.23
909	433 Stuart Edmonds	Chineham Park Running Club	M40-49	01:58:13	01:56:57	52.87
910	676 Nathan Hill		Senior Men	01:59:12	01:56:58	50.04
911	1325 Sharon Smith		F35-44	01:59:11	01:56:58	58.12
912	268 Victoria Clover		Senior Ladies	01:59:00	01:56:58	55.29
913	1758 Audrey Bell		F35-44	01:58:17	01:56:58	59.05
914	1279 James Seymour		M40-49	01:58:17	01:56:58	52.09
915	1278 James Seymour		M40-49	01:58:17	01:56:58	52.09
916	1309 Ben Simpson		M40-49	01:58:30	01:56:59	52.36
917	1502 Philip Wallek		M40-49	01:58:02	01:57:00	51.82
918	1137 Simon Pike		Senior Men	01:58:05	01:57:02	51.45
919	755 Ann Johnston		F35-44	01:58:11	01:57:03	57.19
920	192 Adam Brown		Senior Men	01:58:19	01:57:04	50.42
921	1193 Peter Reeves	Henfield Joggers	Senior Men	01:59:14	01:57:07	50.03
922	264 Victoria Cleverley		F35-44	01:58:36	01:57:09	57.45
923	329 Ansdrew Culver		M50-59	01:58:04	01:57:12	58.68
924	321 Michael Cripps		Senior Men	01:58:40	01:57:14	51.19
925	165 Yevgeny Ivanov		Senior Men	01:59:06	01:57:15	51.01
926	2018 Brian Russell		M40-49	01:58:19	01:57:15	54.85
927	1007 Sam Mullahy		M40-49	01:59:37	01:57:17	51.51
928	1839 Helen Weeden	Ashford and District Road Running Club	F45-54	01:58:07	01:57:18	60.66
929	492 Jordan Foster	Nene Valley Harriers	Senior Ladies	01:58:37	01:57:22	55.47
930	1668 Billie Dunlop		Senior Ladies	01:58:35	01:57:22	55.49
931	2192 Martin Kennett	Hailsham Harriers	M50-59	01:58:21	01:57:22	57.07
932	1089 David Paige	Bognor Regis Tone Zone Runners	Senior Men	01:58:08	01:57:23	50.49
933	557 Michelle Goldstein		Senior Ladies	01:58:33	01:57:24	55.5
934	660 Jade Heron		Senior Ladies	01:58:40	01:57:26	55.45
935	57 David Baldry		Senior Men	01:58:56	01:57:28	50.36
936	1860 Hafid Alakari		M40-49	01:57:36	01:57:29	55.18
937	989 Melissa Molseed		Senior Ladies	01:58:43	01:57:30	55.43
938	1462 Nigel Turley		M50-59	01:58:47	01:57:32	58.33
939	644 Nicola Hawkins	Goring Road Runners	Senior Ladies	01:58:31	01:57:34	55.52
940	2104 Alex Des		M50-59	01:58:30	01:57:45	55.63
941	2029 Lesley Smith		F35-44	01:57:59	01:57:45	55.77
942	773 Adam Keen	Not too keen	Senior Men	01:59:41	01:57:47	49.84
943	182 Jo Bridle	Andover Athletics Club	F35-44	01:59:13	01:57:50	59.08
944	1978 Jade Trigwell		Senior Ladies	01:58:51	01:57:50	55.36

Worthing Half Marahnton 2017

945	1861 Vera Alladitta	Horsham Blue Star Harriers	F45-54	01:58:50	01:57:50	60.29
946	1816 Dean Packham		M40-49	01:58:52	01:57:51	55.02
947	1186 Andrew Raymond		M40-49	02:00:05	01:57:55	52.82
948	2176 Gaelle Zydel		Senior Ladies	01:59:00	01:57:56	55.29
949	556 Catherine Golding		F35-44	01:58:46	01:57:58	59.3
950	2101 Amy Boniface		F35-44	01:58:46	01:57:58	57.37
951	960 Sarah Mercer	Rotary Road Runners	F35-44	01:58:46	01:57:58	58.32
952	1307 Nicholas Simmonds		M50-59	01:59:17	01:58:06	59.13
953	443 Nadi Elouaer-Holden		F45-54	02:00:21	01:58:07	59.53
954	70 Dasha Barber	Spinach	Senior Ladies	02:00:12	01:58:07	54.74
955	870 Brenda Lynch		F35-44	01:59:18	01:58:09	57.58
956	1370 Alan Stevens	Portsmouth joggers	M50-59	01:58:58	01:58:13	56.32
957	2229 Guy Tipton	Hove Hornets	M50-59	01:59:20	01:58:15	55.24
958	1512 Melanie Warwick		Senior Ladies	01:59:15	01:58:17	55.18
959	1655 Tamara Chapelle		Senior Ladies	01:59:41	01:58:20	54.97
960	808 Alice Lacey		Senior Ladies	01:59:18	01:58:23	55.16
961	13 Abir Ali		M40-49	01:59:19	01:58:29	52
962	656 Ali Hendry-Ballard		F45-54	02:00:27	01:58:31	60.01
963	679 Elizabeth Hilton	Lewes AC	F45-54	01:59:20	01:58:32	61.66
964	119 Steve Berry		M50-59	01:59:21	01:58:35	55.23
965	1652 Alexandra Butcher		F35-44	01:59:50	01:58:38	54.91
966	61 Christopher Ball		Senior Men	02:00:36	01:58:40	49.46
967	1872 Gareth Beven		Senior Men	02:00:29	01:58:40	49.51
968	1855 Neal Robinson	Xempo Race Pacing	Senior Men	01:59:42	01:58:43	49.83
969	1578 Ella Williams		Senior Ladies	02:00:31	01:58:47	54.6
970	211 Matthew Burry		M40-49	01:59:40	01:58:48	51.85
971	1317 Malcolm Slater	Burgess Hill Runners	M60+	02:00:12	01:58:49	65.68
972	210 Louise Burry		F35-44	01:59:40	01:58:49	57.41
973	670 Aliko Hiestermann	Lancing Eagles RC	F45-54	01:59:28	01:58:54	61.59
974	1962 Edward Rodger	Ashford and District Road Running Club	M50-59	01:59:46	01:58:57	55.94
975	952 Mark Meagher		M40-49	01:59:39	01:58:58	52.24
976	209 Laura Burrows		F35-44	02:00:44	01:59:12	54.5
977	424 Chris Dyer		M40-49	02:01:37	01:59:16	50.66
978	439 Sharla Elder		F35-44	01:59:19	01:59:19	57.58
979	1551 Angela White		F45-54	02:00:24	01:59:21	59
980	891 Graham Mansfield		Senior Men	02:01:20	01:59:22	49.16
981	364 Gavin De Courcy		Senior Men	02:00:50	01:59:23	49.93
982	197 Francis Broz		M40-49	02:01:04	01:59:28	53.2
983	1882 David Chalkley		Senior Men	02:01:37	01:59:30	49.95
984	595 Chris Hall		Senior Men	02:01:48	01:59:31	48.97
985	1455 Matthew Tugwell		M40-49	02:00:56	01:59:31	53.25
986	1709 Rob McCartney		M40-49	02:01:20	01:59:34	51.9
987	648 Janine Haynes	Crawley Saints & Sinners Running Club	F55+	02:01:52	01:59:36	63.89
988	399 Gemma Dorer		F35-44	02:00:59	01:59:37	57.74
989	1330 Julia Smith		Senior Ladies	02:01:07	01:59:40	54.32
990	1283 Roger Shaw		Senior Men	02:01:43	01:59:41	49.01
991	158 Mark Booker		M50-59	02:01:11	01:59:41	54.39
992	67 Joe Banister-Weir		Senior Men	02:01:28	01:59:42	49.11
993	1223 Paul Robinson		M40-49	02:01:05	01:59:44	53.6
994	367 Johan De Silva		Senior Men	02:01:44	01:59:51	49
995	744 Craig Jenkins		M40-49	02:00:57	01:59:51	51.3
996	526 Luisa Giammattei	Goring road runners	Senior Ladies	02:01:24	01:59:52	54.2
997	273 Emily Coggin		F45-54	02:01:13	01:59:52	58.6
998	1367 Hugh Stevenage	Burgess Hill Runners	M50-59	02:01:19	01:59:53	54.77
999	1162 Nathan Pryor	Worthing striders	Senior Men	02:02:10	01:59:59	48.83
1000	2039 Patrick Barton		Senior Men	02:02:21	02:00:00	49.65
1001	1417 Rachel Tejera	Reigate Priory AC	Senior Ladies	02:01:36	02:00:01	54.11
1002	1424 Tracey Thomas	Lancing Eagles RC	F45-54	02:01:15	02:00:01	61.24
1003	516 Vijay Garimella		Senior Men	02:00:35	02:00:01	49.47
1004	946 Kathrine McLaren		F35-44	02:01:12	02:00:03	54.45
1005	1539 Catharine Western	Tuff Totty	Senior Ladies	02:01:09	02:00:05	54.31
1006	563 Florence Grand		Senior Ladies	02:01:19	02:00:06	54.24
1007	1499 Kate Walker		F35-44	02:01:07	02:00:08	56.72

Worthing Half Marahnton 2017

1008	160 Dimi Booth		F35-44	02:01:08	02:00:10	57.18
1009	2026 Suzanne Read		F35-44	02:01:06	02:00:13	54.5
1010	1484 Joe Waddup		Senior Men	02:01:48	02:00:15	48.97
1011	222 Leann Canady		Senior Ladies	02:01:32	02:00:17	54.14
1012	1885 Mark Clawson	Crawley Run Crew	M40-49	02:01:22	02:00:19	52.26
1013	522 Lou Gatford	Foxy Ladies	F35-44	02:01:57	02:00:24	56.8
1014	1490 Margaret Wadman		F45-54	02:01:42	02:00:30	63.36
1015	1931 Liz Lee		Senior Ladies	02:01:41	02:00:30	54.07
1016	1733 Benjamin Sutton		Senior Men	02:01:24	02:00:31	49.14
1017	1397 Pete Sutton	Worthing Striders	M50-59	02:01:23	02:00:31	54.3
1018	2188 David Hall		M40-49	02:01:40	02:00:40	51.37
1019	829 Sara Leatherland		F45-54	02:01:37	02:00:41	58.4
1020	562 Victoria Graimes		F45-54	02:01:38	02:00:42	61.04
1021	1468 Geraldine Tyler		F45-54	02:02:05	02:00:43	61.39
1022	385 Rebecca Diggle	Itchen spitfires running club	F35-44	02:01:51	02:00:48	56.85
1023	872 Kelvin Macdonald		M60+	02:02:40	02:00:50	64.36
1024	1096 Antony Panaggio		Senior Men	02:02:55	02:00:53	48.53
1025	1122 Beth Pearce		Senior Ladies	02:02:31	02:00:57	53.71
1026	1798 Kerry Jim		Senior Ladies	02:01:33	02:01:00	54.13
1027	1306 Paul Simmonds		Senior Men	02:03:22	02:01:02	48.35
1028	1129 Sarah Phillips		F35-44	02:02:29	02:01:03	57.5
1029	203 Will Burgess		Senior Men	02:01:25	02:01:06	49.13
1030	2141 Sophie Bailey		F35-44	02:03:19	02:01:08	55.71
1031	559 Sophie Goodall		F35-44	02:02:18	02:01:09	57.11
1032	74 Joel Barker		Senior Men	02:02:06	02:01:11	48.85
1033	1565 Chris Wild		Senior Men	02:02:41	02:01:12	49.18
1034	591 Royston Haines	Arena 80 AC	M50-59	02:02:34	02:01:12	57.55
1035	1936 Emily Mack		Senior Ladies	02:02:42	02:01:13	53.63
1036	804 Richard Knowles		M50-59	02:02:42	02:01:15	55.05
1037	1787 Stephen Hickman	Isle of Wight Road Runners	M50-59	02:02:08	02:01:19	57.23
1038	370 Harriet Deeble-Rogers		Senior Ladies	02:02:43	02:01:23	53.62
1039	715 Caroline Hupfer		Senior Ladies	02:03:32	02:01:24	53.26
1040	208 Ian Burrell		M50-59	02:02:19	02:01:32	55.22
1041	1274 Tanya Segrott		F35-44	02:02:52	02:01:33	55.01
1042	865 Sarah Lowden		F35-44	02:03:08	02:01:36	55.79
1043	759 Alex Jones		Senior Men	02:02:58	02:01:36	48.51
1044	230 Helen Carter		F35-44	02:02:46	02:01:38	55.5
1045	504 Virginie Frezel		F45-54	02:03:28	02:01:40	58.54
1046	1603 Tony Woodbridge		Senior Men	02:02:11	02:01:47	48.82
1047	15 Juan Alvarez		M40-49	02:04:07	02:01:56	49.99
1048	1620 Ali Young		Senior Ladies	02:04:21	02:02:09	52.92
1049	110 Katherine Bellenie		F35-44	02:03:17	02:02:09	53.53
1050	520 Gary Gaskin	Tone Zone Runners	M50-59	02:02:52	02:02:09	54.53
1051	1151 Graeme Poulton	Hove Hornets	M50-59	02:04:06	02:02:11	55.83
1052	1152 Judy Poulton	Hove Hornets	F45-54	02:04:06	02:02:11	61.55
1053	940 Sharon McHale	Lancing Eagles RC	F45-54	02:05:27	02:02:15	57.11
1054	674 Emma Hill		Senior Ladies	02:03:29	02:02:15	53.28
1055	403 Samuel Down		Senior Men	02:04:42	02:02:17	47.83
1056	806 Valerija Kovesnikova	Spinach	Senior Ladies	02:04:22	02:02:17	52.91
1057	904 Patricia Martyn-Smith		F55+	02:03:42	02:02:17	70.25
1058	2024 Ceri Jones		F35-44	02:03:37	02:02:18	54.24
1059	1817 Danielle Phillips		F35-44	02:05:34	02:02:22	52.56
1060	1467 Sam Turton		Senior Men	02:04:13	02:02:23	48.02
1061	550 Carly Goddard	Foxy Ladies	F35-44	02:03:32	02:02:23	56.07
1062	2139 Kayleigh Marsh		Senior Ladies	02:04:28	02:02:31	52.87
1063	729 David Jackson		M40-49	02:03:09	02:02:33	51.51
1064	1035 Kate Newhook		Senior Ladies	02:03:49	02:02:41	53.14
1065	1743 Philip Whiting		M40-49	02:04:49	02:02:45	49.01
1066	2004 Kenny Foxwell		Senior Men	02:04:44	02:02:45	48.7
1067	2011 Amanda Kemp		F35-44	02:04:43	02:02:45	55.54
1068	1216 Helen Robey		F35-44	02:03:41	02:02:46	53.79
1069	972 Will Miller		Senior Men	02:04:17	02:02:50	47.99
1070	1454 Kelly Trussell		F35-44	02:04:11	02:02:53	55.32

Worthing Half Marahnton 2017

1071	1917 Alexandra Hughes		Senior Ladies	02:04:15	02:02:55	52.96
1072	983 Kayleigh Moakes	Hove Hornets	Senior Ladies	02:04:06	02:03:01	53.02
1073	1676 Justine Griffin		F45-54	02:05:43	02:03:02	56.5
1074	1724 Olivia Rawlinson		Senior Ladies	02:04:58	02:03:02	52.65
1075	739 Michael Janney		M60+	02:04:54	02:03:02	58.65
1076	481 Harriet Fisher		F35-44	02:04:11	02:03:05	54.42
1077	1752 Kelsey Alexander		Senior Ladies	02:03:45	02:03:08	53.17
1078	145 Jon Blayden	Lancing Eagles RC	Senior Men	02:04:25	02:03:12	47.94
1079	1532 Caroline Welch		F45-54	02:04:30	02:03:14	57.55
1080	415 Claudie Dungey		F35-44	02:04:59	02:03:17	53.65
1081	1777 Steve Gray		M40-49	02:04:56	02:03:21	50.4
1082	1768 Matthew Etherington		Senior Men	02:04:55	02:03:21	47.75
1083	818 Victoria Laverick		F45-54	02:03:37	02:03:21	57.46
1084	683 Mark Hines		Senior Men	02:05:31	02:03:24	47.52
1085	1958 Vicky Revis	Crawley Saints & Sinners Running Club	F35-44	02:04:41	02:03:24	54.2
1086	1664 Sarah Deverell		F35-44	02:06:59	02:03:27	51.82
1087	1657 Lindsey Cotterill-Hay		F35-44	02:06:59	02:03:27	53.66
1088	1188 Karen Rea		F35-44	02:04:41	02:03:27	56.49
1089	1155 Claire Pretty		F35-44	02:05:19	02:03:28	53.93
1090	1080 Michael Oxenham		Senior Men	02:06:11	02:03:33	47.27
1091	682 Joseph Hines		M40-49	02:05:41	02:03:33	49.73
1092	1558 Paul Whitmore		M40-49	02:05:00	02:03:34	50
1093	1196 Mike Revis		Senior Men	02:04:51	02:03:35	47.77
1094	405 Nick Dray		M50-59	02:05:00	02:03:43	56.43
1095	2182 Elsa Desmond		Senior Ladies	02:05:11	02:03:44	52.56
1096	466 Ben Favier	Stingers	M40-49	02:06:13	02:03:48	51.02
1097	1643 Zihaad Booley Wilkinson		Senior Men	02:04:19	02:03:53	48.87
1098	1823 Ian Reader	Arunners	M60+	02:05:13	02:03:55	57.37
1099	1326 Susan Smith		Senior Ladies	02:05:23	02:03:59	52.48
1100	706 Katie Howard		Senior Ladies	02:05:07	02:04:00	52.59
1101	2053 Eleanor Morad		Senior Ladies	02:05:00	02:04:01	52.64
1102	393 Ian Dobbs	Guildford & Godalming AC	M50-59	02:05:56	02:04:03	54.54
1103	1092 Sally Palfrey		F45-54	02:05:10	02:04:06	61.03
1104	1241 Andy Rushton		M50-59	02:05:45	02:04:09	55.1
1105	442 Kellie Ellis		F35-44	02:05:42	02:04:10	55.1
1106	842 Andrew Lemmis		M40-49	02:05:36	02:04:14	51.27
1107	688 Becky Hodge	Tuff Totty	F35-44	02:04:42	02:04:14	56.48
1108	2211 Graham Pearson		M40-49	02:06:42	02:04:16	50.07
1109	285 Amelie Collyer		F35-44	02:05:39	02:04:16	54.22
1110	284 Simon Collyer	ShoreFit	Senior Men	02:05:39	02:04:16	48.02
1111	620 Stephanie Harmsworth		Senior Ladies	02:05:31	02:04:17	52.42
1112	269 Hannah Clyfton-Myers	Stingers	F35-44	02:06:13	02:04:23	54.88
1113	1315 Ian Sippitt		M60+	02:05:36	02:04:24	57.19
1114	657 Emma Hennings		F35-44	02:05:52	02:04:33	55.96
1115	1277 Jo Sexton	Lancing Eagles RC	F45-54	02:07:52	02:04:38	56.03
1116	1346 Mandy Spooner		F45-54	02:06:38	02:04:39	59.18
1117	1588 Sarah Wilson		F35-44	02:05:40	02:04:39	52.36
1118	426 Steve Dyson		M40-49	02:06:51	02:04:46	48.92
1119	2142 Rebecca Taylor	Victoria Park Harriers	Senior Ladies	02:07:00	02:04:47	51.81
1120	270 Zara Cochrane		Senior Ladies	02:07:03	02:04:49	51.79
1121	535 Claire Giles	Burgess Hill Runners	F35-44	02:05:52	02:04:49	54.13
1122	332 Daniel Cummins		Senior Men	02:07:20	02:04:53	46.84
1123	789 Anne-Marie King		F35-44	02:06:54	02:04:53	52.43
1124	2055 Peter Cordiner		M60+	02:07:14	02:04:54	56.46
1125	830 Jaycee Leddra		Senior Ladies	02:09:33	02:04:56	50.79
1126	1269 Wendy Scott		F45-54	02:05:35	02:04:57	58.59
1127	1659 Sophie Crowhurst		Senior Men	02:07:04	02:05:00	46.94
1128	1711 James McMenemy		Senior Men	02:07:04	02:05:01	46.94
1129	1550 Rob White		M40-49	02:06:25	02:05:16	50.56
1130	200 Dayle Bryant	Uckfield runners	F35-44	02:06:14	02:05:16	53.54
1131	1791 Gary Hook		M40-49	02:06:44	02:05:18	50.43
1132	358 Lynda Dawes		F35-44	02:06:40	02:05:19	55.61
1133	1574 Gary Williams	Chichester Runners & A.C	M40-49	02:06:40	02:05:19	48.99

Worthing Half Marahnton 2017

1134	397 Stephen Donaghy		M40-49	02:07:16	02:05:20	51.39
1135	2108 Kevin Houghton		M40-49	02:07:28	02:05:22	49.03
1136	1783 Didi Mae Hand		Senior Ladies	02:06:32	02:05:22	52
1137	1834 Maegan Tillock		Senior Ladies	02:06:32	02:05:22	52
1138	851 Amy Lindner		Senior Ladies	02:06:57	02:05:24	51.83
1139	1108 Anthony Parsons		Senior Men	02:06:47	02:05:24	47.05
1140	225 Andrew Carr	Burgess Hill Runners	M50-59	02:06:22	02:05:25	52.16
1141	1422 Laura Thomas		F35-44	02:07:27	02:05:26	53.46
1142	1977 Natasha Trigwell		F45-54	02:06:30	02:05:29	56.64
1143	1583 Matt Wilson	Burgess Hill Runners	Senior Men	02:06:35	02:05:30	47.12
1144	589 Leisa Gunn		F45-54	02:06:10	02:05:33	57.81
1145	206 Joanna Burns		F35-44	02:06:50	02:05:36	52.04
1146	1189 Sue Reader	Ashford and District Road Running Club	F35-44	02:06:25	02:05:37	53.04
1147	921 Ian McArdle		M50-59	02:08:06	02:05:39	54.09
1148	1673 Pascal Gillan		Senior Men	02:07:28	02:05:40	47.66
1149	377 Sarah Denscombe	Worthing District & Harriers	F45-54	02:07:32	02:05:42	56.18
1150	1487 David Wadey		M40-49	02:06:54	02:05:56	48.9
1151	766 Kate Jones		F35-44	02:07:05	02:05:59	53.18
1152	52 Claire Baker	Bognor Regis Tone Zone Runners	F45-54	02:07:05	02:06:00	55.89
1153	207 Keeley Burns	Brighton & Hove Women's Running Club	F45-54	02:07:12	02:06:04	58.37
1154	1171 Karen Rackham	Arunners RC	F55+	02:07:15	02:06:10	61.19
1155	436 Gavin Edwards		M50-59	02:08:48	02:06:13	52.02
1156	1433 James Thorogood		M40-49	02:08:09	02:06:18	48.08
1157	96 Fiona Baylis	Brighton Tri Club	F45-54	02:07:41	02:06:19	57.12
1158	1492 Vicki Wain-Heapy	Sisters by choice	Senior Ladies	02:07:34	02:06:19	51.58
1159	612 Tracey Hapgood		F35-44	02:07:34	02:06:19	54.3
1160	1012 Alexandra Mulvey		F35-44	02:07:51	02:06:21	52.86
1161	363 Shona Daynes		F35-44	02:07:53	02:06:22	51.45
1162	1602 Stephen Woodall		M60+	02:07:47	02:06:22	56.21
1163	732 Helen Jackson		F55+	02:07:28	02:06:22	63.01
1164	1922 Philip Jappu		M40-49	02:07:35	02:06:25	48.63
1165	2112 Paul Zara		Senior Men	02:07:27	02:06:32	46.8
1166	949 Kirk McLeod		M40-49	02:07:11	02:06:34	49.88
1167	262 Paul Bashford		Senior Men	02:07:59	02:06:35	47.14
1168	1695 Eleanor Lincoln-Antoni	London Frontrunners	F35-44	02:07:29	02:06:35	53.01
1169	480 Stephanie Fisher		Senior Ladies	02:07:53	02:06:38	51.45
1170	1415 Rebecca Taylor		F35-44	02:07:08	02:06:39	51.76
1171	1220 Alison Robinson		F45-54	02:09:06	02:06:44	56.99
1172	1219 Nicholas Robinson		M40-49	02:09:06	02:06:44	48.41
1173	2025 Allen Taylor		M40-49	02:08:09	02:06:47	48.08
1174	1540 Grace Weston		F35-44	02:08:53	02:06:52	52.44
1175	1103 William Parrett	Flotech - Cool Runners	Senior Men	02:08:00	02:06:54	46.8
1176	798 Donna Kitchener		F45-54	02:08:00	02:06:57	56.98
1177	846 Simon Lidbury		M40-49	02:09:26	02:07:00	47.94
1178	1518 Janet Watson	Falmouth Road Runners	F55+	02:08:46	02:07:00	65.92
1179	444 Mark Emerton		Senior Men	02:08:45	02:07:01	46.33
1180	215 Edina Bye		F45-54	02:08:11	02:07:01	55.9
1181	506 Wendy Frost	Tuff Totty	F45-54	02:08:04	02:07:01	55.95
1182	62 Rachael Ballard	Chichester Runners & A.C	F35-44	02:08:28	02:07:04	53.47
1183	238 Dan Chambers		M40-49	02:08:50	02:07:05	47.48
1184	1038 Paula Newton		F35-44	02:08:47	02:07:09	54.69
1185	1018 Louise Murphy		F35-44	02:09:19	02:07:11	53.13
1186	901 Steve Martin		M60+	02:09:37	02:07:15	57.08
1187	1199 Simon Rhodes	Horsham Joggers	M50-59	02:09:31	02:07:16	51.73
1188	83 Joanne Barton		F45-54	02:08:32	02:07:16	56.24
1189	84 Simon Barton		M50-59	02:08:32	02:07:17	51.28
1190	918 Jacqueline Mayer	Lingfield Running club	F35-44	02:08:14	02:07:17	51.47
1191	1348 Eleanor Springham		Senior Ladies	02:10:06	02:07:20	50.58
1192	1710 Barry McCoy		Senior Men	02:09:33	02:07:25	46.04
1193	317 Mary Crabb	Worthing Striders	F55+	02:09:51	02:07:27	62.49
1194	91 Laura Batts		Senior Ladies	02:08:51	02:07:27	51.07
1195	570 Katie Gray	Team Gray	Senior Ladies	02:08:51	02:07:27	51.07
1196	1245 Lisa Rye		F35-44	02:08:37	02:07:27	51.16

Worthing Half Marahnton 2017

1197	1680 Jessica Hill		F35-44	02:08:37	02:07:27	51.16
1198	2109 Tabitha Atkinson		F45-54	02:09:54	02:07:31	57.16
1199	588 Tanya Gullick		F35-44	02:09:55	02:07:32	52.44
1200	914 Nicky May		F35-44	02:08:46	02:07:32	52.07
1201	2151 Colette Landells		F35-44	02:09:56	02:07:33	50.64
1202	1016 Hannah Munden		Senior Ladies	02:09:15	02:07:35	50.91
1203	636 Holly Harvey		Senior Ladies	02:08:43	02:07:39	51.12
1204	1404 Arthur Szarama		M50-59	02:09:08	02:07:44	51.05
1205	1528 Geoff Webster		M50-59	02:09:08	02:07:44	54.62
1206	1366 Bradley Stepney		Senior Men	02:08:26	02:07:47	46.44
1207	1891 Keith Crawford		M60+	02:09:10	02:07:52	56.15
1208	446 Jules Emmerson		F45-54	02:09:01	02:07:53	58.09
1209	1954 Wendy Quinn	Hailsham Harriers	F45-54	02:08:52	02:07:54	56.59
1210	104 Russell Beaven	Chineham Park Running Club	M40-49	02:09:10	02:07:55	48.75
1211	2180 Arthur Bruce		Senior Men	02:08:48	02:07:56	46.31
1212	431 Tracy Eaton	Hove Hornets	F45-54	02:09:05	02:08:02	56.5
1213	882 Patrick Maher	Burgess Hill Runners	M40-49	02:10:23	02:08:04	49.39
1214	1682 Andreas Hbert		Senior Men	02:10:33	02:08:05	45.69
1215	479 Nicola Fisher		F35-44	02:10:33	02:08:07	51.36
1216	730 Melissa Jackson		F35-44	02:10:33	02:08:08	52.19
1217	1560 Emma Whyman	Horsham Joggers	F45-54	02:10:25	02:08:10	56.93
1218	922 Julia McArdle		Senior Ladies	02:10:38	02:08:12	50.37
1219	2111 Lealu Elliott		Senior Ladies	02:10:18	02:08:15	50.5
1220	1252 Ben Salt		M40-49	02:09:41	02:08:16	47.85
1221	1634 Nick Austen	Lancing Eagles RC	M40-49	02:10:28	02:08:20	50.13
1222	147 Sally Blunt		F45-54	02:09:42	02:08:22	57.79
1223	905 Caroline Mason	Brighton & Hove Women's Running Club	F45-54	02:09:48	02:08:25	59.41
1224	736 Catherine Jagger	Horsham Joggers	F35-44	02:10:28	02:08:29	50.43
1225	187 Hannah Brookes		Senior Ladies	02:09:31	02:08:32	50.8
1226	1879 Will Cairns		Senior Men	02:09:35	02:08:36	46.03
1227	1912 Phoebe Harlow		Senior Ladies	02:09:35	02:08:36	50.78
1228	619 Sue Harmston-Essex	Worthing Striders	F35-44	02:10:30	02:08:39	52.21
1229	524 Alexander Gaunt		Senior Men	02:09:55	02:08:39	45.91
1230	493 Maxine Foster		F35-44	02:09:54	02:08:40	54.22
1231	1901 Scott Dormer		Senior Men	02:10:33	02:08:43	45.69
1232	2 Rob Abell		M50-59	02:09:52	02:08:45	51.17
1233	2060 Rose Sharp		F55+	02:11:24	02:08:46	60.49
1234	126 Garry Biddle	Amphill & Flitwick Flyers RC	M50-59	02:10:27	02:08:47	51.36
1235	2210 Sarah Prescott		F45-54	02:10:05	02:08:47	55.57
1236	812 Tim Laker		Senior Men	02:10:50	02:08:48	45.59
1237	1466 Rose Turney	Amphill & Flitwick Flyers RC	F45-54	02:10:27	02:08:48	56.92
1238	1848 Vicky Haynes	Xempo Race Pacing	Senior Ladies	02:09:59	02:08:48	50.62
1239	866 Macarla Lucas-Dyke	Arunners RC	F35-44	02:10:07	02:08:50	52.36
1240	1734 Jonathan Terry		M40-49	02:09:44	02:08:55	49.27
1241	705 Tracy Hotston	Arunners RC	F35-44	02:10:13	02:08:56	52.76
1242	2038 Jim Simmonds		Senior Men	02:11:42	02:09:07	45.29
1243	1456 Liam Tulett		Senior Men	02:11:43	02:09:11	45.29
1244	256 Vicky Clarke		F35-44	02:10:48	02:09:11	53.85
1245	1136 Hilary Piggott		F45-54	02:10:43	02:09:14	55.79
1246	412 Jean Michel Dumolard		M60+	02:10:43	02:09:14	55.49
1247	686 Paul Hobden		Senior Men	02:10:49	02:09:16	46.44
1248	815 Andy Lansley		M40-49	02:10:52	02:09:21	46.74
1249	88 Jane Bates		F55+	02:11:05	02:09:29	61.27
1250	698 Michelle Hollins	Lingfield Running club	F45-54	02:11:01	02:09:30	58.3
1251	1505 Richard Walsh		M50-59	02:11:31	02:09:32	50.94
1252	1391 Louise Strong		Senior Ladies	02:10:44	02:09:32	50.33
1253	359 Karen Dawson		Senior Ladies	02:10:45	02:09:33	50.32
1254	1107 Martin Parsons		M40-49	02:09:59	02:09:37	47.06
1255	685 Colin Hoban		M40-49	02:11:08	02:09:38	48.74
1256	776 Gail Kemp		F35-44	02:11:05	02:09:43	51.56
1257	455 David Evans	Team Predator	Senior Men	02:10:56	02:09:43	45.75
1258	1013 Phil Mulvey		Senior Men	02:11:15	02:09:44	45.45
1259	51 Rebecca Baker	Wootton Road Runners	F35-44	02:12:16	02:09:52	49.9

Worthing Half Marahnton 2017

1260	243 David Charman		M40-49	02:09:55	02:09:55	47.76
1261	45 Hm Bagelman		Senior Ladies	02:11:41	02:09:57	49.97
1262	1410 Pete Taylor	The Old Buzzards	M40-49	02:12:17	02:10:00	48.68
1263	447 Gregory Engelbrecht		Senior Men	02:12:18	02:10:01	45.28
1264	1118 Kelly Peachy Peachey		Senior Ladies	02:11:35	02:10:04	50.01
1265	229 Jamie Carter		Senior Men	02:11:48	02:10:08	45.45
1266	1139 Lisa Piper		F45-54	02:12:40	02:10:12	56.49
1267	1320 Tessa Slor		F35-44	02:12:39	02:10:12	51.36
1268	1475 Mirela Van Der Wee		F35-44	02:12:39	02:10:13	53.1
1269	1536 Paul Wells	Tone Zone Runners	M40-49	02:11:21	02:10:14	47.58
1270	2037 Danielle Simmonds		Senior Ladies	02:12:42	02:10:17	49.59
1271	1246 Fernando Saba Bonilla	Spinach	Senior Men	02:12:33	02:10:24	45
1272	1357 Jenny Stannard	Horsham Joggers	F45-54	02:10:25	02:10:25	55.92
1273	1822 Ginette Read		F35-44	02:12:04	02:10:42	53.33
1274	131 Rob Billington		Senior Men	02:11:53	02:10:45	45.23
1275	425 Chris Dyer		Senior Men	02:13:00	02:10:49	44.85
1276	1595 Hannah Wise		F35-44	02:12:59	02:10:55	50.03
1277	1953 Pramod Puthur		M40-49	02:13:32	02:11:02	47.16
1278	458 Warren Fabes		M40-49	02:13:06	02:11:04	48.38
1279	528 Christine Gibbons	Bramhall Runners	F55+	02:11:31	02:11:07	61.7
1280	1485 Richard Waddup		M50-59	02:13:38	02:11:09	50.14
1281	456 Tara Everson		F45-54	02:13:38	02:11:09	53.62
1282	375 Martin Denholm	Arunners RC	M60+	02:12:37	02:11:09	54.69
1283	1760 Dave Chapman		Senior Men	02:12:42	02:11:16	44.95
1284	1244 Trudi Ryan	Foxy Ladies	F45-54	02:12:28	02:11:16	55.55
1285	564 Lesley Graney		F45-54	02:13:41	02:11:17	53.6
1286	1211 Michelle Roberts		F35-44	02:13:15	02:11:18	49.38
1287	810 Roger Laidlow		M40-49	02:13:01	02:11:27	46.99
1288	304 Emma Cornell		F35-44	02:13:01	02:11:28	50.81
1289	861 Sarah Lockley	Jellybeans	Senior Ladies	02:13:14	02:11:35	49.39
1290	761 Clare Jones		Senior Ladies	02:13:42	02:11:38	49.21
1291	179 Juliette Brice	Team Findon	Senior Ladies	02:13:58	02:11:40	49.12
1292	590 David Gunter		Senior Men	02:14:07	02:11:41	44.66
1293	1998 Stuart Baulk		Senior Men	02:14:11	02:11:43	44.96
1294	655 Sam Hedges		F35-44	02:12:43	02:11:44	51.76
1295	2215 Sally Simmonds		F45-54	02:14:11	02:11:51	55.86
1296	1749 Nigel Abbott		Senior Men	02:13:33	02:11:54	45.18
1297	2048 Clair Ramsden	Lancing Eagles RC	F35-44	02:13:18	02:11:57	49.51
1298	1255 Olly Sampson		M40-49	02:14:08	02:11:59	46.26
1299	1886 Sinead Clayton	Foxy Ladies	F35-44	02:13:15	02:12:03	51.98
1300	1082 Lisa Packer		F45-54	02:13:19	02:12:04	53.28
1301	768 Nicola Judd		Senior Ladies	02:13:40	02:12:09	49.22
1302	1999 Sophie Bowdwn		Senior Ladies	02:14:53	02:12:15	48.78
1303	193 Charlie Brown		Senior Ladies	02:12:39	02:12:20	49.6
1304	857 Charlie Livings		Senior Ladies	02:13:29	02:12:22	49.29
1305	894 Alister Marchant		M50-59	02:14:43	02:12:24	48.93
1306	911 Harriet Matthews		Senior Ladies	02:14:43	02:12:24	48.84
1307	180 Sarah Bridger		F35-44	02:14:49	02:12:25	50.13
1308	24 Kimberley Anscombe		Senior Ladies	02:14:10	02:12:27	49.04
1309	1253 Pip Salt		Senior Ladies	02:14:14	02:12:29	49.02
1310	1401 Mark Swillingham		M50-59	02:14:46	02:12:35	49.71
1311	741 Angela Jarvis		F45-54	02:14:42	02:12:41	53.66
1312	448 Gary Erricker		M50-59	02:14:00	02:12:41	51.25
1313	1606 Paul Woodroof		M50-59	02:14:46	02:12:43	48.91
1314	828 David Leader		Senior Men	02:13:46	02:12:45	44.59
1315	1111 Joey Patel		F35-44	02:13:23	02:12:47	50.27
1316	1681 Daniel Houghton		Senior Men	02:14:21	02:12:52	44.4
1317	939 Martin McGinlay	UKNetrunner	Senior Men	02:14:17	02:12:52	44.42
1318	792 Katie Kingston	Massey Ferguson R C	F55+	02:14:19	02:12:57	59.17
1319	1644 Steve Bower		Senior Men	02:15:32	02:12:58	44.01
1320	251 Ravi Kiran Chundi	WorthingShirdiSaiGroup	Senior Men	02:14:58	02:13:02	44.7
1321	2226 Laura Snewin		Senior Ladies	02:14:50	02:13:07	48.8
1322	929 Ciaran McCann		Senior Men	02:14:41	02:13:13	45.1

Worthing Half Marahnton 2017

1323	1414	Edward Taylor		Senior Men	02:14:04	02:13:14	44.49
1324	1924	Richard Jones		M40-49	02:15:27	02:13:15	45.49
1325	1867	Geraldine Baker		M40-49	02:15:27	02:13:15	46.49
1326	1974	Paul Taplin		Senior Men	02:15:04	02:13:16	44.16
1327	1689	Adam Ketley		Senior Men	02:15:04	02:13:16	44.16
1328	941	Victoria McHugh		Senior Ladies	02:15:34	02:13:18	48.54
1329	628	David Harris		Senior Men	02:14:16	02:13:24	44.43
1330	1807	Michael McClean		M40-49	02:14:20	02:13:25	45.87
1331	1019	Jane Murray		Senior Ladies	02:15:22	02:13:40	48.61
1332	707	Yulia Howe		F35-44	02:15:29	02:13:45	50.29
1333	617	Lisa Hardy		F35-44	02:15:05	02:13:45	49.25
1334	2042	Stephen Divers	Lancing Eagles RC	Senior Men	02:15:01	02:13:45	44.99
1335	2043	Julian Cosson	Lancing Eagles RC	M40-49	02:15:02	02:13:46	46.28
1336	199	Rachel Brunning		F45-54	02:14:07	02:13:50	52.96
1337	680	Rebecca Himpson	Little Baddow Ridge Runners	F35-44	02:15:40	02:13:51	49.42
1338	289	Joanne Conlon	Vegan Runners UK	F35-44	02:15:36	02:13:52	48.52
1339	1389	Adam Stringer		Senior Men	02:14:55	02:13:52	44.21
1340	898	Laura Marshall	Girls Run The World	F35-44	02:16:22	02:13:54	49.96
1341	1611	Maggie Woolven		F45-54	02:15:31	02:14:03	53.34
1342	658	Andrew Henry		M40-49	02:15:31	02:14:03	48.26
1343	1308	Gary Simmons		M50-59	02:16:11	02:14:09	50.43
1344	797	Isabelle Kita	Striders Of Croydon	F55+	02:15:27	02:14:09	57.49
1345	1779	Kristen Growney		F45-54	02:16:24	02:14:14	53.47
1346	316	Jayne Cox	Arunners RC	F45-54	02:16:06	02:14:18	52.64
1347	832	Sorcha Lee	Hove hornets	F35-44	02:15:49	02:14:19	50.17
1348	623	Sarah Harper		F45-54	02:16:27	02:14:23	52.06
1349	1003	Clare Morris	Solent Running Sisters	F35-44	02:16:33	02:14:39	50.31
1350	1658	Phil Cross		Senior Men	02:16:45	02:14:40	43.62
1351	421	Marie Dure	Solent running sisters	F35-44	02:16:33	02:14:40	48.19
1352	2052	Sue Harding		F55+	02:16:57	02:14:42	61.98
1353	1256	Sharon Sams		F55+	02:16:52	02:14:46	56.89
1354	1461	Penny Turley		F55+	02:16:01	02:14:46	60.3
1355	1257	Katie Sams		Senior Ladies	02:16:53	02:14:47	48.07
1356	132	Greg Binstead		Senior Men	02:15:52	02:14:52	43.9
1357	49	Peter Baker		Senior Men	02:16:41	02:14:57	43.64
1358	1310	Jacqui Sims	Burgess Hill Runners	F55+	02:16:15	02:15:04	59.56
1359	2148	Lynsey Udell		Senior Ladies	02:16:17	02:15:05	48.28
1360	1311	Ralph Sims	Burgess Hill Runners	M60+	02:16:15	02:15:05	54.3
1361	2219	Chelsie Padley		Senior Ladies	02:16:18	02:15:07	48.28
1362	822	Liz Lawrie-Meddens		F35-44	02:17:52	02:15:11	49.02
1363	1407	S Tatnall		F45-54	02:16:50	02:15:11	51.91
1364	1059	Kelly O'Haire		F35-44	02:16:50	02:15:11	51.47
1365	1918	James Hughes	Legal & General Athletics Club	Senior Men	02:16:14	02:15:11	44.59
1366	1408	Esme Tatnall		Senior Ladies	02:16:51	02:15:12	48.08
1367	1960	Paul Robins		M40-49	02:17:11	02:15:18	47.67
1368	1327	Mark Smith		M40-49	02:16:32	02:15:19	45.44
1369	634	Garry Hart		Senior Men	02:17:02	02:15:20	43.71
1370	141	Paul Blakely		M50-59	02:17:54	02:15:22	51.15
1371	1078	Jane Owen	Burgess Hill Runners	F35-44	02:17:05	02:15:24	50.53
1372	1333	Emma Smith	Mid Sussex Tri Club	F35-44	02:17:34	02:15:30	48.74
1373	1207	Alastair Ritchie		M50-59	02:16:29	02:15:33	49.91
1374	1597	Suzanne Wise		F55+	02:16:30	02:15:34	57.05
1375	66	Lily Banister-Weir		Senior Ladies	02:17:22	02:15:36	47.9
1376	288	Stephen Comer		M40-49	02:18:04	02:15:44	47.37
1377	1631	Matt Ashmead	Ashmead	M50-59	02:18:03	02:15:46	48.53
1378	1051	Mike Nunn		Senior Men	02:17:03	02:15:53	44.02
1379	2190	Ian Johnston		M50-59	02:18:22	02:16:00	50.98
1380	2187	Fiona Hamilton-fox		M50-59	02:18:02	02:16:13	49.76
1381	1736	Francyne Thompson		Senior Ladies	02:18:02	02:16:13	47.67
1382	1036	Helen Newman		F45-54	02:18:37	02:16:33	53.08
1383	290	Gemma Conn		F35-44	02:18:22	02:16:33	49.24
1384	566	Carl Grantham		Senior Men	02:17:10	02:16:36	43.49
1385	1421	Rachel Thomas		F35-44	02:17:40	02:16:39	49.49

Worthing Half Marahnton 2017

1386	2203 Sarah Mills		Senior Ladies	02:19:01	02:16:40	47.33
1387	1101 Ruth Parkinson	BOSH	F35-44	02:19:16	02:16:48	47.39
1388	2221 Marisa Nixon		F35-44	02:18:54	02:16:48	48.27
1389	1464 Clayton Turner	Crawley AC	M40-49	02:19:21	02:17:00	46.93
1390	787 Frances King		F35-44	02:18:27	02:17:02	47.67
1391	1286 Ian Shek		M40-49	02:18:53	02:17:04	45
1392	700 Cathy Holroyd	Crawley Saints & Sinners Running Club	F45-54	02:18:40	02:17:08	54.05
1393	1926 Nicola Kettley	Bognor Regis Tone Zone Runners	F35-44	02:19:25	02:17:18	49.28
1394	175 Caroline Bransden	Horsham Joggers	F55+	02:18:32	02:17:19	61.27
1395	1442 Helen Todd		F45-54	02:19:22	02:17:29	52.33
1396	1641 Andy Blick		Senior Men	02:18:55	02:17:29	43.43
1397	142 Deborah Blakemore	Ranelagh Harriers	F45-54	02:19:27	02:17:30	54.26
1398	1474 Pete Unsworth		M50-59	02:19:27	02:17:31	47.65
1399	672 Delia Higgins		F45-54	02:19:09	02:17:36	54.38
1400	1520 Kerry Watts		F35-44	02:18:13	02:17:37	50.96
1401	305 Mark Cornell		Senior Men	02:19:13	02:17:39	43.64
1402	117 Harry Berlanga	Hove hornets	Senior Men	02:19:19	02:17:42	43
1403	454 Sonia Wheeldon		M40-49	02:20:09	02:17:43	43.64
1404	490 David Forshaw	Worthing District & Harriers	M40-49	02:18:33	02:17:45	47.2
1405	1970 Sarah Smith		F45-54	02:19:46	02:17:48	53.12
1406	1073 Clare O'Sullivan		F35-44	02:19:44	02:17:48	49.57
1407	1969 Gary Smith		M50-59	02:19:47	02:17:49	47.16
1408	69 Jake Banton		Senior Men	02:19:05	02:17:50	42.89
1409	1571 Andrea Williams		F45-54	02:19:05	02:17:51	53.89
1410	1663 Sarah Dear	Brighton and Hove Women's Running Club	Senior Ladies	02:18:31	02:17:51	47.5
1411	1920 Laura Ireland	Lingfield Running club	F45-54	02:19:27	02:17:53	51.83
1412	854 Mathew Linscer		M40-49	02:18:39	02:17:53	46.81
1413	613 Samuel Harbour		Senior Men	02:17:54	02:17:54	43.25
1414	2153 Robyn Lach		Senior Ladies	02:20:14	02:17:57	46.92
1415	250 Sarah Choak	Falmouth Road Runners	F45-54	02:19:42	02:17:57	52.67
1416	2110 Summer Colbourne		Senior Ladies	02:20:15	02:17:58	46.92
1417	1371 Dawn Stevens		F35-44	02:20:19	02:17:59	49.36
1418	1686 Charlotte Jones	Garden City Runners	F35-44	02:20:09	02:18:09	47.09
1419	1242 Alice Rutter		F35-44	02:20:09	02:18:10	47.47
1420	354 Owen Davies		M40-49	02:20:42	02:18:12	45.08
1421	831 James Lee		Senior Men	02:20:36	02:18:14	42.43
1422	809 Alice Lagnado		Senior Ladies	02:20:37	02:18:16	46.79
1423	691 Jasmine Hodges		Senior Ladies	02:20:13	02:18:21	46.93
1424	624 Kelly Harrington		F35-44	02:20:29	02:18:25	46.84
1425	1789 Hilary Hinks	Hardley Runners	F55+	02:19:59	02:18:26	61.35
1426	1471 Martin Tyson		M60+	02:20:40	02:18:35	55.49
1427	1656 Amy Connell		Senior Ladies	02:20:43	02:18:44	46.76
1428	123 Anna Bettiss	Dulwich Park Runners	Senior Ladies	02:20:29	02:18:46	46.84
1429	995 Atish More		Senior Men	02:19:08	02:18:46	43.05
1430	1205 Elena Riseborough		F45-54	02:20:47	02:18:59	54.26
1431	2017 Kerry Owen		Senior Ladies	02:20:48	02:19:01	46.73
1432	1614 John Wright		M60+	02:20:08	02:19:02	55.08
1433	1168 Natasha Pyke		F35-44	02:20:43	02:19:06	49.22
1434	1836 Carla Tullett		F35-44	02:20:43	02:19:08	49.22
1435	406 Tamara Drew		F35-44	02:21:17	02:19:10	49.85
1436	713 Steve Hunt		M40-49	02:20:45	02:19:11	45.07
1437	1050 Helen Nunan		F45-54	02:20:25	02:19:15	52.4
1438	414 Mary Duncombe		F35-44	02:21:57	02:19:16	47.61
1439	1854 Adrian Roberts	Xempo Race Pacing	M40-49	02:20:54	02:19:21	45.36
1440	1110 Chaz Parvez		M50-59	02:21:51	02:19:27	47.23
1441	1828 Chris Silk		M50-59	02:20:31	02:19:29	49.74
1442	1443 Lisa Todman		F35-44	02:20:48	02:19:36	47.25
1443	2009 Kylie Hepker		F35-44	02:21:15	02:19:37	46.72
1444	1546 Jenny Whelan		Senior Ladies	02:21:44	02:19:38	46.43
1445	963 Derek Middlehurst		M50-59	02:21:38	02:19:46	46.54
1446	408 Joanna Dugard		Senior Ladies	02:20:39	02:19:48	46.78
1447	1271 Robert Scott		M50-59	02:22:26	02:19:49	49.07
1448	1840 Gillian Welch	Burgess Hill Runners	Senior Ladies	02:22:01	02:20:02	46.33

Results by Sport Systems

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Worthing Half Marahnton 2017

1449	1379 Gemma Stoner		Senior Ladies	02:21:55	02:20:02	46.36
1450	1667 Caoimhe Dunlop		F35-44	02:22:38	02:20:12	48.16
1451	2061 Kay Poole		F35-44	02:21:40	02:20:14	47.33
1452	1607 Hayley Woods		Senior Ladies	02:22:06	02:20:21	46.31
1453	26 Christine Archer	Hove Hornets	F55+	02:22:32	02:20:38	61.75
1454	85 Rosanna Batchelor	Hove Hornets	Senior Ladies	02:22:36	02:20:41	46.14
1455	948 Clare McLean		F35-44	02:23:13	02:20:44	47.19
1456	2140 Paul Eastman		NDB	02:22:20	02:20:59	0
1457	714 Lorraine Hunter	Horsham Joggers	F55+	02:22:42	02:21:01	64.14
1458	71 Lauren Barcroft		Senior Ladies	02:23:38	02:21:08	45.81
1459	72 Andrew Barcroft		M50-59	02:23:38	02:21:08	46.65
1460	314 Nicola Cowles		Senior Ladies	02:23:01	02:21:15	46.01
1461	875 Sue Macgregor		F45-54	02:23:29	02:21:27	51.28
1462	997 Jan Morgan		F45-54	02:22:52	02:21:31	51.97
1463	1640 Sally Blick		F35-44	02:23:05	02:21:40	46.5
1464	2177 Claire Woolford		F35-44	02:23:06	02:21:41	47.23
1465	770 Manoj Katkuri		M40-49	02:22:04	02:21:42	43.68
1466	2102 Paula Payne	Horsham Blue Star Harriers	F45-54	02:23:37	02:21:54	53.19
1467	1100 Kelly Parkhouse		F35-44	02:23:44	02:22:09	46.65
1468	1049 Charlotte Nottingham	Chemily	Senior Ladies	02:24:34	02:22:19	45.52
1469	1258 Laura Sandon-Webb		Senior Ladies	02:24:31	02:22:21	45.53
1470	1248 Amar Saggar		F45-54	02:23:25	02:22:26	50.4
1471	498 Robert Francis		Senior Men	02:24:59	02:22:29	41.14
1472	1356 Adam Stanger	Crawley Saints & Sinners Running Club	M40-49	02:24:52	02:22:30	44.8
1473	888 Maria Mann		F35-44	02:23:05	02:22:32	46.86
1474	139 Claire Black		Senior Ladies	02:24:19	02:22:40	45.59
1475	925 Linda McBride		F45-54	02:24:57	02:22:48	52.2
1476	1267 Sarah Schnellmann-Smith		Senior Ladies	02:24:31	02:22:54	45.53
1477	1002 Damian Morris		Senior Men	02:25:05	02:22:55	41.11
1478	2143 Romy Aboufarhat		Senior Ladies	02:25:04	02:22:59	45.36
1479	87 Catherine Batchelor		Senior Ladies	02:25:07	02:23:05	45.34
1480	1533 Deborah Weller	Horsham Joggers	F45-54	02:24:47	02:23:06	51.28
1481	409 Rachael Duke	Worthing Striders	F35-44	02:25:03	02:23:07	45.87
1482	659 Sue Hensman	Horsham Joggers	F45-54	02:24:51	02:23:07	52.24
1483	32 Sally Arnold	Horsham Joggers	F45-54	02:24:51	02:23:08	51.74
1484	874 Ian Mace		M50-59	02:25:10	02:23:31	45.41
1485	338 Diccon Dadey		M50-59	02:25:11	02:23:33	45.77
1486	73 Philip Barham		M40-49	02:25:01	02:23:33	44.75
1487	337 Teresa Dadey		F45-54	02:25:11	02:23:34	51.14
1488	873 Tina Mace		F45-54	02:25:11	02:23:34	50.68
1489	1694 Graham Ley	Goring road runners	Senior Men	02:26:14	02:23:48	41.26
1490	2218 Glyn Smith		M50-59	02:25:51	02:24:04	48.36
1491	2217 Emily Smith		Senior Ladies	02:25:51	02:24:04	45.11
1492	2113 Grant Jones		Senior Men	02:25:59	02:24:05	40.86
1493	2054 Diana Rogers	Lancing Eagles RC	F35-44	02:26:55	02:24:26	46
1494	201 Lyn Bryant-Nichols		F35-44	02:26:28	02:24:27	47.29
1495	1870 Ross Barry		Senior Men	02:26:30	02:24:31	40.72
1496	1470 Georgia Tysall-Blay		Senior Ladies	02:27:04	02:24:39	44.74
1497	1592 Sarah Winn		F45-54	02:27:06	02:24:45	48.71
1498	643 Will Hasler		M50-59	02:27:13	02:24:48	45.88
1499	1905 Edward Goodchild		M40-49	02:27:13	02:25:01	41.85
1500	695 Theressa Holden		F45-54	02:26:15	02:25:02	48.57
1501	1095 Natasha Palmer		F35-44	02:25:03	02:25:03	46.59
1502	1197 Jenny Reynolds		Senior Ladies	02:27:40	02:25:56	44.56
1503	1911 Camilla Harding		Senior Ladies	02:28:20	02:26:04	44.36
1504	213 Ian Burt		M40-49	02:27:13	02:26:04	43.74
1505	1181 Adele Rate	Jellybeans	Senior Ladies	02:29:17	02:26:06	44.08
1506	1040 Diane Newton	Axe Valley Runners	F55+	02:27:52	02:26:14	60.3
1507	2036 Lucy Brand	Bognor Regis Tone Zone Runners	F35-44	02:28:22	02:26:15	46.69
1508	534 Sally Gilbey		F35-44	02:27:06	02:26:19	47.09
1509	38 Paul Austen		M40-49	02:28:36	02:26:24	43.34
1510	1185 Emily Rayfield		Senior Ladies	02:28:55	02:26:40	44.19
1511	1875 Anne Brind		F35-44	02:29:02	02:26:51	45.72

Worthing Half Marahnton 2017

1512	430 Kerry Eastwood	Styal Running Club	F35-44	02:29:24	02:26:59	44.04
1513	295 Peter Cook	Reading Roadrunners	M40-49	02:29:24	02:26:59	42.46
1514	1344 Barnaby Spencer		Senior Men	02:29:07	02:27:11	40
1515	668 Charlotte Hickey		Senior Ladies	02:29:26	02:27:12	44.03
1516	1240 Lucy Rushton		Senior Ladies	02:28:37	02:27:16	44.27
1517	1788 Sally Hills		F35-44	02:29:16	02:27:22	46.4
1518	2056 Julia Worrell		F35-44	02:29:18	02:27:24	46.39
1519	1135 Antoinette Pienaar		F35-44	02:29:31	02:27:27	44.14
1520	1 Natalie Chivers	BOSH	Senior Ladies	02:29:02	02:27:35	44.15
1521	2138 Antonia Shepherd		F45-54	02:29:41	02:27:38	49.6
1522	746 Rosemary Jennings		F35-44	02:29:28	02:27:47	45.96
1523	1478 Stefan Vassall		M40-49	02:30:14	02:27:48	41.3
1524	1204 Lauren Riley		Senior Ladies	02:29:49	02:27:52	43.92
1525	915 Mark May		M40-49	02:30:05	02:28:10	40.76
1526	477 Donna Fish		F35-44	02:30:19	02:28:12	44.6
1527	961 Mia Meuross		F45-54	02:30:20	02:28:13	48.08
1528	2040 Amy Wootton		Senior Ladies	02:30:57	02:28:32	43.59
1529	1717 Sue Newman		F55+	02:30:49	02:28:34	53.81
1530	1302 Charles Simmonds		Senior Men	02:31:20	02:28:52	39.42
1531	1163 Vickie Pucher		Senior Ladies	02:31:30	02:29:03	43.43
1532	19 Kelly Anderson	Jellybeans	F35-44	02:31:14	02:29:27	43.51
1533	1230 Sally Rollinson		F35-44	02:31:48	02:29:30	45.63
1534	1076 Alan Owen		Senior Men	02:32:20	02:29:38	39.16
1535	56 Kaye Balchin		F45-54	02:30:51	02:29:38	50.63
1536	551 Donna Goddard		F45-54	02:30:51	02:29:38	51.12
1537	1835 Vicky Timson		Senior Ladies	02:31:42	02:29:41	43.37
1538	603 Hayley Hammond		Senior Ladies	02:31:38	02:29:44	43.39
1539	594 Tammy Hall		F35-44	02:32:20	02:30:04	44.02
1540	765 Anne Jones	Worthing District & Harriers	F55+	02:32:07	02:30:04	55.15
1541	313 Kirsty Adela Covele		Senior Ladies	02:32:25	02:30:08	43.17
1542	697 Nigel Hollewell		M50-59	02:32:21	02:30:42	44.34
1543	957 Cheryl Melaniphy		F45-54	02:33:04	02:31:04	48.96
1544	956 Mark Melaniphy		M50-59	02:33:07	02:31:06	43.76
1545	58 Sophie Baldwin		F35-44	02:33:40	02:31:20	44.34
1546	1844 Neale Woodward		Senior Men	02:32:23	02:31:29	39.87
1547	1011 Lorna Mullins		Senior Ladies	02:33:51	02:31:33	42.77
1548	572 Darren Green		M40-49	02:33:26	02:31:58	41.34
1549	1961 Dionne Robins		F35-44	02:33:57	02:32:04	44.99
1550	346 Vasundhara Dantuluri		Senior Ladies	02:34:07	02:32:10	42.69
1551	1593 Alexa Winn		Senior Ladies	02:34:21	02:32:34	42.63
1552	261 Julie Cleeves		F45-54	02:33:59	02:32:45	47.79
1553	1933 Janarthan Luxmykanthan		Senior Men	02:36:18	02:33:39	38.16
1554	135 Victoria Birdsell		F35-44	02:36:08	02:33:40	45.11
1555	391 Claire Divall		F35-44	02:35:55	02:33:41	42.2
1556	2041 Catherine Hinch		F55+	02:36:25	02:33:46	51.88
1557	2010 Lewis Hinch		Senior Men	02:36:24	02:33:46	38.14
1558	1938 Graham Marchant		M40-49	02:36:19	02:33:55	39.42
1559	671 Andrew Higgins		Senior Men	02:36:12	02:34:00	38.35
1560	2016 Matthew Orwell		M40-49	02:36:08	02:34:11	40.63
1561	1341 Emma Sparkes		F35-44	02:35:53	02:34:16	44.43
1562	2200 Ashley Wilkinson	Horsham Joggers	F35-44	02:36:04	02:34:23	44.76
1563	1865 Alice Attlee	Running for Nicola	Senior Ladies	02:35:21	02:34:28	42.36
1564	2050 Iffat Islam		Senior Ladies	02:35:23	02:34:29	42.34
1565	1260 Fred Sarpong		Senior Men	02:35:44	02:34:37	38.46
1566	1077 Emma Owen		F35-44	02:37:20	02:34:38	41.82
1567	1582 Sharon Wilson		F35-44	02:36:56	02:34:40	44.88
1568	140 Beth Blackburn		Senior Ladies	02:36:56	02:34:40	41.93
1569	419 Mick Duplock	Horsham Joggers	M60+	02:36:23	02:34:48	53.06
1570	919 Robin Mayer	Lingfield Running club	M60+	02:36:25	02:34:49	50.47
1571	1272 Crispin Scott	Horsham Joggers	M50-59	02:36:24	02:34:50	44.69
1572	1294 Lorraine Shirley	Goring Road Runners	F45-54	02:36:44	02:35:12	49.2
1573	587 Jenny Guisqet		F35-44	02:37:44	02:35:30	42.85
1574	205 Megan Burnal		Senior Ladies	02:37:16	02:35:35	41.84

Worthing Half Marahton 2017

1575	453 Sarah Evans		Senior Ladies	02:37:43	02:35:49	41.72
1576	417 Louise Dunn		F35-44	02:38:20	02:36:01	42.68
1577	134 Emma Bird		F35-44	02:38:36	02:36:34	42.96
1578	114 Scarlett Bennett		Senior Ladies	02:42:26	02:36:40	40.51
1579	1439 Claire Tilson	Horsham Joggers	F35-44	02:39:20	02:37:05	41.76
1580	1483 James Vortkamp-Tong		Senior Men	02:38:54	02:37:09	37.54
1581	245 Kirsten Cheeseman		F35-44	02:39:14	02:37:16	43.14
1582	1510 Wendy Ward		F45-54	02:39:18	02:37:17	47.5
1583	860 Christina Lockhart		F35-44	02:39:15	02:37:17	44.23
1584	1811 Natasha Moore		F35-44	02:39:12	02:37:19	42.8
1585	1812 Sarah Musselwhite		F35-44	02:39:13	02:37:21	43.87
1586	2059 Tina Bagnall		F45-54	02:40:09	02:37:30	46.36
1587	1632 Sarah Ashmead	Ashmead	F45-54	02:39:51	02:37:33	46.89
1588	432 Peter Edgley	Arunners RC	M50-59	02:40:27	02:37:46	41.08
1589	608 Louise Hanlon		F35-44	02:40:17	02:37:48	43.58
1590	9 Karen Aherne		F35-44	02:39:45	02:37:50	42.31
1591	286 David Colvill		M40-49	02:40:14	02:37:56	40.82
1592	1027 Naomi Nathan	23 Mile Club	Senior Ladies	02:40:30	02:38:20	40.99
1593	1335 Clare Snow		F35-44	02:40:24	02:38:33	41.8
1594	1032 Sally Neville		F45-54	02:40:45	02:38:35	46.62
1595	1097 Anisha Panchasara		Senior Ladies	02:40:33	02:38:35	40.98
1596	1573 Laura Williams	Rebel Runners Medway	Senior Ladies	02:41:06	02:38:47	40.84
1597	1022 Penny Murray	Team trotters	F35-44	02:41:48	02:39:09	42.11
1598	1157 Rowena Price	Team trotters	F35-44	02:41:49	02:39:10	41.44
1599	702 Stephen Hood		Senior Men	02:42:19	02:39:48	36.75
1600	1538 Julie West Was Calder	Foxy Ladies	F35-44	02:41:23	02:40:05	43.28
1601	1884 Claudia Churchill		F45-54	02:41:23	02:40:06	45.19
1602	1179 Eleanor Ransom	Jellybeans	Senior Ladies	02:43:19	02:40:08	40.29
1603	2209 Karen Bateman-pearson		F45-54	02:43:32	02:41:42	44.6
1604	1515 Anita Watkins	Arunners RC	F45-54	02:43:54	02:41:54	46.6
1605	650 Liz Hayward	Burgess Hill Runners	F45-54	02:43:49	02:41:54	46.63
1606	27 Helen Argent		F55+	02:44:09	02:41:56	48.42
1607	1503 Annie Waller		F45-54	02:44:10	02:41:57	46.97
1608	1770 Laura Farley		Senior Ladies	02:44:04	02:42:10	40.1
1609	46 Laura Bagnall	Arunners RC	F55+	02:44:14	02:42:14	47.41
1610	226 Helen Carr	Burgess Hill Runners	F45-54	02:44:09	02:42:14	43.65
1611	1190 Sampath Reddivari	WorthingShirdiSaiGroup	M40-49	02:45:30	02:43:33	37.49
1612	783 Nicola Kidd		Senior Ladies	02:45:16	02:43:46	39.81
1613	89 Miranda Batterbee		Senior Ladies	02:46:19	02:44:04	39.56
1614	2105 Daniel Harnden		Senior Men	02:47:35	02:45:12	35.59
1615	1498 Toni Walker	Reliant Robyns	Senior Ladies	02:47:36	02:45:14	39.26
1616	53 Kirsty Baker		Senior Ladies	02:47:11	02:46:04	39.36
1617	218 Anna Calderaro		F35-44	02:48:11	02:46:33	41.19
1618	1535 Claire Wells		F35-44	02:48:12	02:46:34	40.51
1619	1125 Dolma Phala		F55+	02:49:23	02:47:07	49.53
1620	17 Alison Amos		F45-54	02:50:00	02:47:51	43.28
1621	610 Christine Hannah-Rogers		F35-44	02:53:20	02:51:01	38.08
1622	1331 Caroline Smith		Senior Ladies	02:55:37	02:53:21	37.47
1623	34 Natalie Atherton		F35-44	02:55:38	02:53:47	38.18
1624	794 Daniel Kinslow	Rebel Runners Medway	Senior Men	02:56:22	02:54:02	33.82
1625	173 Jackie Bradman		F35-44	02:57:33	02:55:27	38.37
1626	994 Caron Moran	Foxy Ladies	F45-54	02:57:01	02:55:43	41.57
1627	819 Kate Law	Sisters by choice	F35-44	02:56:48	02:56:23	38.54
1628	1355 Matthew Standing		Senior Men	03:01:17	02:56:27	32.9
1629	1178 Stefanie Ransley	Worthing Striders	F35-44	03:00:46	02:58:29	38
1630	630 Vicky Harrod		Senior Ladies	03:03:37	03:02:30	35.83
1631	475 Rebecca Finch-Parsons		F45-54	03:05:56	03:03:55	38.88
1632	174 Josephine Brain		F35-44	03:12:12	03:09:52	35.16
1633	2044 Jill Day		F55+	03:14:07	03:11:53	42.73